

| Pos | RaceNo | GunTime | ChipTime | Name | Gen | Cat | TeamCode | 6 Mile | 19 Mile |
|-----|--------|---------|----------|--------------------|-----|------|-----------------------------|---------|---------|
| 1 | 622 | 2:35:38 | 2:35:37 | Sean Fenwick | M | MSEN | HARBOROUGH AC | 0:34:11 | 1:51:23 |
| 2 | 16 | 2:38:23 | 2:38:23 | Jonathan Stead | M | MSEN | HERNE HILL HARRIERS | 0:34:25 | 1:51:24 |
| 3 | 999 | 2:42:55 | 2:42:54 | Simon Newton | M | MSEN | PSUK-WEST YORKSHIRE | 0:34:11 | 1:52:06 |
| 4 | 154 | 2:43:05 | 2:42:46 | Paul Harwood | M | MSEN | | 0:34:31 | 1:53:20 |
| 5 | 972 | 2:43:06 | 2:43:05 | Nigel Bedell | M | MV40 | PSUK-WEST YORKSHIRE | 0:35:08 | 1:54:02 |
| 6 | 912 | 2:46:24 | 2:46:23 | Wayne Usher | M | MSEN | PSUK-GLOUCESTERSHIRE | 0:36:23 | 1:56:44 |
| 7 | 712 | 2:48:42 | 2:48:39 | Stephen Pope | M | MV40 | | 0:36:10 | 2:00:03 |
| 8 | 520 | 2:48:59 | 2:48:55 | Alex Webster | M | MV40 | WEST END RUNNERS | 0:36:17 | 1:57:48 |
| 9 | 944 | 2:50:29 | 2:50:28 | Antoni Kot | M | MV50 | PSUK-LOTHIAN & BORDERS | 0:35:40 | 1:58:41 |
| 10 | 215 | 2:50:32 | 2:50:18 | Robert Hall-Mcnair | M | MSEN | HINCKLEY RUNNING CLUB | 0:37:00 | 1:59:58 |
| 11 | 101 | 2:51:19 | 2:51:14 | Andy Sly | M | MV40 | RETFORD AC | 0:35:30 | 1:58:26 |
| 12 | 156 | 2:53:36 | 2:53:35 | Peter Walker | M | MV40 | ROYAL NAVY AC | 0:36:08 | 1:59:28 |
| 13 | 949 | 2:54:21 | 2:54:11 | Simon Riley | M | MSEN | PSUK-METROPOLITAN | 0:37:47 | 2:03:38 |
| 14 | 251 | 2:55:06 | 2:54:58 | Shaun Coulton | M | MV40 | HERMITAGE HARRIERS | 0:35:19 | 1:59:15 |
| 15 | 235 | 2:55:26 | 2:55:22 | Steve Large | M | MV40 | HORSFORTH HARRIERS | 0:37:56 | 2:01:54 |
| 16 | 1543 | 2:55:48 | 2:55:47 | Terrence Zengerink | M | MSEN | | 0:37:32 | 2:03:18 |
| 17 | 82 | 2:56:40 | 2:56:33 | Jason Smith | M | MSEN | HEADINGTON ROAD RUNNERS | 0:36:57 | 2:02:53 |
| 18 | 947 | 2:57:12 | 2:57:07 | Karl Free | M | MSEN | PSUK-METROPOLITAN | 0:38:17 | 2:04:33 |
| 19 | 472 | 2:57:31 | 2:57:30 | Steve Forbes | M | MV40 | METRO ABERDEEN RUNNING CLUB | 0:38:14 | 2:04:54 |
| 20 | 362 | 2:57:39 | 2:57:32 | Matt Perry | M | MSEN | | 0:38:14 | 2:04:57 |
| 21 | 812 | 2:58:01 | 2:57:56 | Noel Houlihon | M | MV40 | KIBWORTH& FLECKNEY | 0:37:24 | 2:05:12 |
| 22 | 735 | 2:58:10 | 2:57:45 | David Pell | M | MSEN | WEST END RUNNERS | 0:39:18 | 2:07:10 |
| 23 | 141 | 2:58:15 | 2:58:00 | Greg Stokes | M | MSEN | | 0:38:27 | 2:05:21 |
| 24 | 724 | 2:58:36 | 2:58:23 | Conrad Franks | M | MSEN | GATESHEAD HARRIERS AC | 0:41:37 | 2:09:34 |
| 25 | 977 | 2:58:54 | 2:58:50 | Carl Quinn | M | MSEN | PSUK-WEST YORKSHIRE | 0:37:36 | 2:03:53 |
| 26 | 53 | 2:59:05 | 2:58:59 | Andrew Symonds | M | MSEN | SHAFTESBURY BARNET HARRIERS | 0:37:36 | 2:01:50 |
| 27 | 477 | 2:59:37 | 2:59:35 | Steve Edwards | M | MV40 | BOURTON ROAD RUNNERS | 0:39:42 | 2:07:26 |
| 28 | 242 | 2:59:39 | 2:59:34 | Darryl Watton | M | MSEN | SHEFFIELD TRI CLUB | 0:38:53 | 2:05:51 |
| 29 | 77 | 2:59:58 | 2:59:40 | Kevin Harvey | M | MSEN | | 0:40:09 | 2:08:16 |
| 30 | 902 | 3:00:05 | 3:00:00 | Christine Howard | F | FSEN | PSUK-DERBYSHIRE | 0:39:19 | 2:08:04 |
| 31 | 382 | 3:00:29 | 3:00:21 | Chris Brown | M | MSEN | BARROW RUNNERS | 0:37:02 | 2:03:13 |
| 32 | 430 | 3:00:42 | 3:00:39 | Mark Sleeman | M | MSEN | TOTLEY AC | 0:39:23 | 2:06:43 |
| 33 | 567 | 3:01:10 | 3:01:07 | Christopher Castle | M | MSEN | | 0:41:28 | 2:08:27 |
| 34 | 824 | 3:01:15 | 3:01:08 | Craig Halsey | M | MSEN | BOXFIT TRI CLUB | 0:43:06 | 2:12:11 |
| 35 | 922 | 3:01:27 | 3:01:19 | Ioan Williams | M | MSEN | PSUK-GWENT | 0:36:34 | 2:02:23 |
| 36 | 967 | 3:01:50 | 3:01:46 | Colin Wood | M | MSEN | PSUK-SURREY | 0:37:07 | 2:05:35 |
| 37 | 911 | 3:01:54 | 3:01:49 | Johanna Fletcher | F | FSEN | PSUK-GLOUCESTERSHIRE | 0:39:19 | 2:08:03 |
| 38 | 730 | 3:01:55 | 3:01:40 | Joanna Zakrzewski | F | FSEN | DUNFRIES RC | 0:39:34 | 2:08:22 |
| 39 | 925 | 3:02:00 | 3:01:35 | Sarah Hill | F | FSEN | PSUK-HAMPSHIRE | 0:40:47 | 2:07:39 |

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|----|-----|---------|---------|-------------------|---|------|-----------------------------|---------|---------|
| 40 | 834 | 3:02:15 | 3:02:11 | Russell Corsini | M | MV50 | DARWEN DASHERS | 0:37:42 | 2:06:52 |
| 41 | 494 | 3:02:15 | 3:01:42 | Paul Bowen | M | MSEN | | 0:38:42 | 2:06:41 |
| 42 | 926 | 3:02:21 | 3:01:56 | Daniel Rainscourt | M | MSEN | PSUK-HAMPSHIRE | 0:40:46 | 2:07:57 |
| 43 | 343 | 3:02:24 | 3:02:12 | Mark Laurenson | M | MSEN | WOOTTON ROAD RUNNERS | 0:40:22 | 2:08:35 |
| 44 | 538 | 3:02:25 | 3:02:14 | Andy Ball | M | MV40 | HUNCOTE HARRIERS | 0:36:50 | 2:06:16 |
| 45 | 822 | 3:02:27 | 3:02:20 | Craig Palmer | M | MSEN | DUNSTABLE ROAD RUNNERS | 0:43:06 | 2:12:11 |
| 46 | 137 | 3:02:56 | 3:02:47 | Fraser Mccallum | M | MSEN | | 0:39:23 | 2:07:52 |
| 47 | 456 | 3:03:59 | 3:02:14 | Daniel O'Brien | M | MSEN | | 0:41:53 | 2:11:21 |
| 48 | 478 | 3:04:13 | 3:04:07 | Mark Riches | M | MV40 | BELPER HARRIERS | 0:37:07 | 2:07:27 |
| 49 | 249 | 3:04:39 | 3:04:28 | Chris Richardson | M | MSEN | | 0:38:40 | 2:06:41 |
| 50 | 803 | 3:04:45 | 3:04:37 | Simon Douglas | M | MSEN | | 0:38:10 | 2:03:39 |
| 51 | 370 | 3:04:48 | 3:04:30 | Ian Robertson | M | MSEN | SELBY STRIDERS | 0:39:18 | 2:06:51 |
| 52 | 145 | 3:04:52 | 3:04:37 | Hmad Naatit | M | MV40 | | 0:37:06 | 2:06:42 |
| 53 | 543 | 3:05:02 | 3:04:59 | Richard Blake | M | MV50 | NORWICH ROAD RUNNERS | 0:39:31 | 2:11:12 |
| 54 | 290 | 3:05:26 | 3:05:18 | Glen Slade | M | MV40 | LONDON FRONTRUNNERS | 0:40:46 | 2:10:21 |
| 55 | 275 | 3:05:36 | 3:05:32 | Neil Sibley | M | MV40 | GREAT YARMOUTH ROAD RUNNERS | 0:39:25 | 2:09:19 |
| 56 | 439 | 3:05:38 | 3:04:42 | Richard Bruce | M | MSEN | | 0:39:44 | 2:08:34 |
| 57 | 163 | 3:05:56 | 3:05:32 | Mark Summerville | M | MV40 | | 0:37:40 | 2:07:17 |
| 58 | 522 | 3:06:01 | 3:05:00 | Jaime Hernando | M | MSEN | TRI LONDON | 0:42:26 | 2:13:12 |
| 59 | 39 | 3:06:19 | 3:06:18 | Patrick Gallagher | M | MSEN | GARDEN CITY RUNNERS | 0:36:35 | 2:07:06 |
| 60 | 909 | 3:06:38 | 3:06:32 | James Johnson | M | MSEN | PSUK-DEVON & CORNWALL | 0:38:39 | 2:08:22 |
| 61 | 907 | 3:06:43 | 3:06:35 | Ian Baggott | M | MV40 | PSUK-DEVON & CORNWALL | 0:39:31 | 2:09:06 |
| 62 | 499 | 3:08:02 | 3:07:54 | Edward O'Neill | M | MV40 | SPARKHILL HARRIERS | 0:39:27 | 2:11:05 |
| 63 | 459 | 3:08:31 | 3:08:17 | Richard Ginn | M | MSEN | POCKLINGTON | 0:38:16 | 2:06:41 |
| 64 | 825 | 3:08:54 | 3:08:41 | Jamie Lyall | M | MSEN | | 0:38:22 | 2:08:47 |
| 65 | 721 | 3:08:56 | 3:08:38 | David Griffiths | M | MV50 | | 0:40:09 | 2:11:19 |
| 66 | 671 | 3:09:14 | 3:08:04 | Eddie Mathieson | M | MSEN | LONG EATON RUNNING CLUB | 0:39:00 | 2:07:51 |
| 67 | 398 | 3:09:26 | 3:09:15 | Karen Hathaway | F | FSEN | | 0:39:19 | 2:11:49 |
| 68 | 189 | 3:09:28 | 3:09:06 | John Padbury | M | MV40 | HINCKLEY RUNNING CLUB | 0:41:43 | 2:14:40 |
| 69 | 263 | 3:10:06 | 3:09:28 | Philip Jackson | M | MSEN | | 0:41:44 | 2:11:58 |
| 70 | 371 | 3:10:12 | 3:09:46 | Neil Young | M | MSEN | | 0:42:41 | 2:15:54 |
| 71 | 340 | 3:10:16 | 3:10:01 | David Thompson | M | MV40 | BILLERICAY STRIDERS | 0:39:42 | 2:11:25 |
| 72 | 33 | 3:10:51 | 3:10:38 | Richard Gurd | M | MV40 | WINDLE VALLEY RUNNERS | 0:40:41 | 2:14:29 |
| 73 | 413 | 3:11:00 | 3:08:24 | Richard Turner | M | MSEN | | 0:42:30 | 2:12:00 |
| 74 | 966 | 3:11:12 | 3:11:09 | John Pretty | M | MSEN | PSUK-STRATHCLYDE | 0:38:19 | 2:06:34 |
| 75 | 30 | 3:11:18 | 3:10:36 | Kurt Read | M | MV40 | | 0:40:07 | 2:12:30 |
| 76 | 687 | 3:11:30 | 3:11:07 | Andrea Dennison | F | FV40 | BINGLEY HARRIERS | 0:42:24 | 2:15:21 |
| 77 | 736 | 3:11:38 | 3:11:18 | Amanda Henry | F | FSEN | SUDBURY JOGGERS | 0:41:31 | 2:14:29 |
| 78 | 140 | 3:11:47 | 3:11:27 | Kieron Ford | M | MSEN | LEICESTER TRIATHLON CLUB | 0:41:01 | 2:11:52 |
| 79 | 511 | 3:11:51 | 3:11:25 | Ian Taylor | M | MV40 | BUNGAY BLACK DOG RC | 0:39:53 | 2:14:01 |

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|-----|------|---------|---------|------------------|---|------|----------------------------|---------|---------|
| 80 | 127 | 3:12:06 | 3:11:50 | Barnaby Hopson | M | MSEN | EPSOM ODDBALLS | 0:40:44 | 2:13:14 |
| 81 | 376 | 3:12:32 | 3:11:54 | Peter Rabey | M | MV40 | | 0:43:52 | 2:17:31 |
| 82 | 150 | 3:13:00 | 3:11:51 | David Cain | M | MSEN | | 0:41:52 | 2:13:02 |
| 83 | 94 | 3:13:00 | 3:12:50 | Simon Merwood | M | MSEN | BELPER HARRIERS | 0:41:17 | 2:13:21 |
| 84 | 305 | 3:13:10 | 3:12:35 | Mark Gregory | M | MSEN | HUNCOTE HARRIERS | 0:41:38 | 2:14:51 |
| 85 | 1537 | 3:13:22 | 3:13:05 | Neil Wicks | M | MSEN | WORCESTER TRI CLUB | 0:42:08 | 2:15:25 |
| 86 | 835 | 3:13:26 | 3:13:20 | Mark Jefford | M | MV40 | ROAD RUNNERS CLUB | 0:37:31 | 2:10:05 |
| 87 | 951 | 3:13:33 | 3:13:25 | Kris Barnard | M | MSEN | PSUK-NORFOLK | 0:38:02 | 2:06:47 |
| 88 | 957 | 3:13:39 | 3:13:10 | Steve Kyte | M | MV40 | PSUK-NORTHUMBRIA | 0:41:24 | 2:15:25 |
| 89 | 463 | 3:13:44 | 3:09:27 | Steve Bolton | M | MV50 | WREAKE RUNNERS | 0:48:26 | 2:18:59 |
| 90 | 562 | 3:13:54 | 3:13:21 | Ian Millar | M | MV40 | | 0:41:56 | 2:15:25 |
| 91 | 963 | 3:14:05 | 3:13:29 | Lorraine Gribben | F | FSEN | PSUK-STRATHCLYDE | 0:41:52 | 2:15:53 |
| 92 | 970 | 3:14:08 | 3:13:50 | Robert Mills | M | MV50 | PSUK-WEST MIDLANDS | 0:40:06 | 2:13:19 |
| 93 | 256 | 3:14:16 | 3:13:53 | Chris Lazenby | M | MSEN | WOOTTON ROAD RUNNERS | 0:43:14 | 2:17:53 |
| 94 | 938 | 3:14:18 | 3:14:01 | Nick Bryan | M | MV40 | PSUK-LEICESTERSHIRE | 0:40:33 | 2:13:33 |
| 95 | 152 | 3:14:28 | 3:14:06 | Allan Harrison | M | MV50 | WOOTTON ROAD RUNNERS | 0:43:14 | 2:17:53 |
| 96 | 556 | 3:14:42 | 3:14:23 | Andrew Buck | M | MV40 | SUDBURY JOGGERS | 0:41:36 | 2:15:52 |
| 97 | 699 | 3:14:51 | 3:14:43 | Simon Fell | M | MSEN | STAMFORD STRIDERS | 0:40:46 | 2:14:55 |
| 98 | 678 | 3:14:53 | 3:14:01 | Peter Wallis | M | MSEN | | 0:42:25 | 2:15:00 |
| 99 | 325 | 3:14:53 | 3:14:33 | Ewen Smith | M | MV40 | BOURTON ROAD RUNNERS | 0:41:40 | 2:16:15 |
| 100 | 231 | 3:14:59 | 3:14:43 | Mark Williamson | M | MSEN | HORNSEA HARRIERS | 0:37:28 | 2:10:58 |
| 101 | 955 | 3:15:05 | 3:14:33 | Robert Hind | M | MV50 | PSUK-NORTH WALES | 0:41:52 | 2:16:15 |
| 102 | 719 | 3:15:08 | 3:14:42 | Will Richardson | M | MSEN | BRJ ROAD RUNNERS | 0:40:07 | 2:11:05 |
| 103 | 254 | 3:15:19 | 3:14:57 | David Lazenby | M | MSEN | WOOTTON ROAD RUNNERS | 0:43:14 | 2:17:53 |
| 104 | 626 | 3:15:22 | 3:14:03 | Elizabeth Mckie | F | FV40 | ST ALBANS STRIDERS | 0:43:06 | 2:18:11 |
| 105 | 153 | 3:15:26 | 3:15:06 | Carl Baker | M | MV40 | PEEL ROAD RUNNERS | 0:41:19 | 2:15:26 |
| 106 | 288 | 3:15:40 | 3:15:29 | Fraser Wells | M | MV40 | | 0:39:56 | 2:10:56 |
| 107 | 808 | 3:15:40 | 3:15:15 | Alan Steeple | M | MSEN | ASTLEY & TYLDESLEY RUNNERS | 0:41:11 | 2:16:02 |
| 108 | 512 | 3:15:44 | 3:15:15 | Andy Clapham | M | MV40 | TFN RT | 0:41:44 | 2:15:49 |
| 109 | 510 | 3:16:00 | 3:15:15 | Julian Bonsall | M | MV40 | | 0:40:10 | 2:13:03 |
| 110 | 588 | 3:16:54 | 3:14:50 | Carol Williams | F | FSEN | | 0:42:29 | 2:15:55 |
| 111 | 503 | 3:17:00 | 3:16:34 | Peter Paprcka | M | MSEN | WALTHAMSTOW AC | 0:39:31 | 2:14:51 |
| 112 | 37 | 3:17:16 | 3:16:55 | Trevor Allport | M | MV50 | MIDLAND MASTERS | 0:42:18 | 2:19:41 |
| 113 | 448 | 3:17:16 | 3:16:57 | Russell Huby | M | MV40 | | 0:38:34 | 2:11:17 |
| 114 | 821 | 3:17:20 | 3:15:59 | Gary Hawksley | M | MSEN | | 0:41:50 | 2:16:19 |
| 115 | 122 | 3:17:20 | 3:16:59 | Dean Curtis | M | MV40 | | 0:40:39 | 2:14:32 |
| 116 | 252 | 3:17:22 | 3:16:20 | Brian Thomson | M | MSEN | | 0:41:46 | 2:14:49 |
| 117 | 218 | 3:17:27 | 3:16:19 | Phil Woods | M | MV40 | | 0:43:52 | 2:18:29 |
| 118 | 196 | 3:17:30 | 3:17:03 | Owen Wright | M | MSEN | NORTH DERBYSHIRE RC | 0:40:22 | 2:16:11 |
| 119 | 417 | 3:17:30 | 3:16:54 | Michael Ferguson | M | MV40 | DROMORE AC | 0:40:06 | 2:11:12 |

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|-----|------|---------|---------|-----------------|---|------|-------------------------------------|---------|---------|
| 120 | 267 | 3:17:31 | 3:16:58 | Russell Clarke | M | MV50 | WYMONDEN AC | 0:41:37 | 2:15:00 |
| 121 | 454 | 3:17:33 | 3:16:47 | Andrew Cross | M | MSEN | FRAYEDNOTTS | 0:41:10 | 2:12:12 |
| 122 | 461 | 3:17:58 | 3:16:56 | Paul Deasy | M | MSEN | | 0:44:02 | 2:19:42 |
| 123 | 568 | 3:18:06 | 3:17:35 | Wayne Stephens | M | MSEN | | 0:41:37 | 2:15:46 |
| 124 | 739 | 3:18:31 | 3:18:03 | Angela Young | F | FSEN | | 0:40:57 | 2:14:01 |
| 125 | 237 | 3:18:36 | 3:15:53 | Keith Wheeler | M | MV40 | | 0:45:58 | 2:20:54 |
| 126 | 403 | 3:18:39 | 3:17:58 | Colin Green | M | MSEN | ROYTON ROAD RUNNERS | 0:43:17 | 2:18:04 |
| 127 | 484 | 3:18:47 | 3:18:32 | Nigel Swinburne | M | MSEN | DAGENHAM 88 RUNNERS | 0:38:39 | 2:09:24 |
| 128 | 729 | 3:19:00 | 3:18:39 | Gina Vaughan | F | FV50 | LEICESTER TRIATHLON CLUB | 0:42:42 | 2:18:45 |
| 129 | 485 | 3:19:07 | 3:17:40 | Sean Gregg | M | MV40 | REALBUZZRUNBRITAIN.COM RUNNING CLUB | 0:44:57 | 2:21:24 |
| 130 | 1526 | 3:19:21 | 3:18:17 | David Crooks | M | MV40 | DARK PEAK FELL RUNNERS | 0:39:30 | 2:13:27 |
| 131 | 348 | 3:19:28 | 3:19:24 | Graham Tracey | M | MSEN | VEGETARIAN C&AC | 0:40:57 | 2:13:28 |
| 132 | 697 | 3:19:35 | 3:19:23 | Paul Jenkins | M | MV40 | | 0:41:58 | 2:19:12 |
| 133 | 125 | 3:19:37 | 3:18:55 | David Emanuel | M | MV40 | ROYTON ROAD RUNNERS | 0:43:20 | 2:18:05 |
| 134 | 831 | 3:19:41 | 3:19:35 | Mark Gallagher | M | MV40 | | 0:40:55 | 2:15:54 |
| 135 | 272 | 3:20:07 | 3:19:40 | Tony Gilbert | M | MV40 | BOURNE TOWN HARRIERS | 0:42:38 | 2:17:20 |
| 136 | 195 | 3:20:17 | 3:19:51 | Nigel Jarman | M | MV40 | | 0:42:16 | 2:19:03 |
| 137 | 416 | 3:21:00 | 3:20:34 | Trevor Clark | M | MV40 | COVENTRY SPHINX AC | 0:43:25 | 2:19:52 |
| 138 | 576 | 3:21:02 | 3:19:48 | Mark North | M | MSEN | | 0:41:03 | 2:14:18 |
| 139 | 213 | 3:21:02 | 3:20:04 | David Smith | M | MV40 | | 0:43:56 | 2:19:53 |
| 140 | 26 | 3:21:03 | 3:20:41 | Stephen Buswell | M | MSEN | WOOTTON ROAD RUNNERS | 0:43:14 | 2:18:37 |
| 141 | 262 | 3:21:07 | 3:20:36 | Jennie Ransome | F | FV40 | ROAD RUNNERS CLUB | 0:42:52 | 2:18:46 |
| 142 | 924 | 3:21:24 | 3:20:59 | Simon Goddard | M | MSEN | PSUK-HAMPSHIRE | 0:40:50 | 2:14:58 |
| 143 | 971 | 3:21:31 | 3:21:26 | David Almond | M | MSEN | PSUK-WEST YORKSHIRE | 0:37:40 | 2:14:48 |
| 144 | 265 | 3:21:40 | 3:20:13 | David Limmer | M | MSEN | SOUTHAMPTON RC | 0:46:43 | 2:22:42 |
| 145 | 527 | 3:21:46 | 3:21:07 | Matthew Noble | M | MV40 | WREAKE RUNNERS | 0:42:38 | 2:18:08 |
| 146 | 974 | 3:21:58 | 3:21:44 | John Levick | M | MV40 | PSUK-WEST YORKSHIRE | 0:39:33 | 2:11:20 |
| 147 | 713 | 3:22:00 | 3:21:38 | Andrew Hurd | M | MSEN | DESFORD STRIDERS RC | 0:42:08 | 2:16:49 |
| 148 | 259 | 3:22:05 | 3:20:42 | Lee Adams | M | MSEN | BATES TAVNER | 0:42:09 | 2:17:01 |
| 149 | 333 | 3:22:07 | 3:21:24 | Mark Scott | M | MV40 | | 0:44:25 | 2:22:22 |
| 150 | 116 | 3:22:15 | 3:21:49 | Rob Caddy | M | MSEN | | 0:40:32 | 2:10:35 |
| 151 | 502 | 3:22:34 | 3:22:17 | David Parkin | M | MV40 | | 0:42:17 | 2:19:53 |
| 152 | 2 | 3:23:23 | 3:22:44 | Patrick Munro | M | MSEN | | 0:43:36 | 2:19:29 |
| 153 | 192 | 3:23:24 | 3:22:38 | Matthew Russell | M | MSEN | CLOWNE RR | 0:44:46 | 2:23:00 |
| 154 | 746 | 3:23:24 | 3:23:05 | Serena Bignell | F | FV40 | HOLME PIERREPOINT RC | 0:43:33 | 2:21:44 |
| 155 | 124 | 3:23:43 | 3:22:02 | Jon Wheatley | M | MV40 | BIRSTALL RC | 0:44:22 | 2:24:25 |
| 156 | 369 | 3:23:43 | 3:22:48 | Mark Dyche | M | MV40 | | 0:43:45 | 2:21:07 |
| 157 | 694 | 3:24:36 | 3:24:26 | Carl Smith | M | MSEN | | 0:37:32 | 2:11:15 |
| 158 | 155 | 3:24:40 | 3:24:20 | Clive Robinson | M | MV40 | PEEL ROAD RUNNERS | 0:42:48 | 2:21:20 |
| 159 | 209 | 3:24:54 | 3:24:13 | Brian Brown | M | MSEN | | 0:42:30 | 2:21:17 |

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| 160 | 4 | 3:25:01 | 3:23:35 | Andrew Crofts | M | MV40 | BRACKLEY & DISTRICT | 0:43:48 | 2:19:29 |
| 161 | 727 | 3:25:12 | 3:24:28 | Seamus Flaherty | M | MSEN | | 0:38:55 | 2:12:48 |
| 162 | 563 | 3:25:16 | 3:24:29 | Jason Brannan | M | MSEN | RACING TNT | 0:44:00 | 2:22:39 |
| 163 | 935 | 3:25:17 | 3:25:12 | Derek Lodge | M | MV40 | PSUK-LANCASHIRE | 0:41:42 | 2:20:56 |
| 164 | 505 | 3:25:31 | 3:24:18 | Andrew Connery | M | MSEN | | 0:43:54 | 2:22:08 |
| 165 | 321 | 3:25:53 | 3:25:38 | Ian Pople | M | MV50 | CIRENCESTER AC | 0:41:04 | 2:18:47 |
| 166 | 609 | 3:26:01 | 3:23:51 | David Cremins | M | MV40 | | 0:47:20 | 2:26:03 |
| 167 | 443 | 3:26:20 | 3:26:04 | Jim Scott | M | MV50 | | 0:41:44 | 2:18:31 |
| 168 | 651 | 3:26:33 | 3:25:18 | Mel Evans | F | FSEN | LOW FELL RC | 0:45:37 | 2:25:20 |
| 169 | 111 | 3:26:55 | 3:26:54 | Matt Field | M | MSEN | | 0:38:11 | 2:17:52 |
| 170 | 135 | 3:27:02 | 3:26:38 | Graham Webster | M | MV40 | REDHILL ROADRUNNERS | 0:43:40 | 2:21:55 |
| 171 | 45 | 3:27:16 | 3:26:57 | Peter Ash | M | MSEN | SEVENOAKS AC | 0:43:16 | 2:21:45 |
| 172 | 961 | 3:27:41 | 3:26:54 | Stephen Mccomb | M | MSEN | PSUK-PSNI | 0:44:23 | 2:22:32 |
| 173 | 931 | 3:27:44 | 3:27:18 | Steve Broadbent | M | MV50 | PSUK-LANCASHIRE | 0:41:34 | 2:21:01 |
| 174 | 976 | 3:27:48 | 3:27:14 | Alex Potter | F | FSEN | PSUK-WEST YORKSHIRE | 0:42:51 | 2:21:31 |
| 175 | 297 | 3:27:52 | 3:27:43 | Lee Barratt | M | MSEN | STOCKPORT HARRIERS | 0:39:16 | 2:08:37 |
| 176 | 910 | 3:27:52 | 3:27:28 | David Pearson | M | MV50 | PSUK-DEVON & CORNWALL | 0:45:21 | 2:26:05 |
| 177 | 460 | 3:28:01 | 3:27:36 | Antony Bishop | M | MV40 | STEYNING AC | 0:43:47 | 2:23:24 |
| 178 | 707 | 3:28:07 | 3:26:15 | James Elson | M | MSEN | TRA | 0:49:05 | 2:29:07 |
| 179 | 206 | 3:28:24 | 3:28:17 | Robert Connors | M | MSEN | DUNSTABLE ROAD RUNNERS | 0:43:07 | 2:16:48 |
| 180 | 356 | 3:28:25 | 3:27:02 | Rob Lloyd | M | MV40 | CHASE HARRIERS | 0:43:50 | 2:23:52 |
| 181 | 768 | 3:28:31 | 3:27:06 | Brendan Mcnallen | M | MSEN | | 0:46:02 | 2:26:23 |
| 182 | 203 | 3:29:00 | 3:28:49 | Chris Dawkins | M | MSEN | BARROW RUNNERS | 0:45:31 | 2:27:21 |
| 183 | 725 | 3:29:04 | 3:28:56 | Mads Lucas | F | FSEN | RSAC | 0:45:20 | 2:28:37 |
| 184 | 455 | 3:29:10 | 3:27:23 | Gregor Kennedy | M | MV40 | | 0:46:05 | 2:25:11 |
| 185 | 164 | 3:29:14 | 3:28:10 | Phil Vibert | M | MV40 | | 0:46:08 | 2:25:53 |
| 186 | 546 | 3:29:27 | 3:29:04 | Steven Williamson | M | MV40 | | 0:42:32 | 2:21:42 |
| 187 | 445 | 3:29:29 | 3:28:36 | Duane Daugherty | M | MV40 | | 0:42:02 | 2:21:57 |
| 188 | 566 | 3:29:34 | 3:29:15 | Tom Cresswell | M | MSEN | SUDBURY JOGGERS | 0:38:40 | 2:10:28 |
| 189 | 823 | 3:29:37 | 3:29:06 | David Newman | M | MV40 | | 0:43:52 | 2:22:24 |
| 190 | 720 | 3:29:59 | 3:29:36 | Peter Davis | M | MV40 | GOYT VALLEY STRIDERS | 0:44:34 | 2:25:18 |
| 191 | 121 | 3:30:10 | 3:29:25 | David Stabler | M | MSEN | | 0:41:05 | 2:14:22 |
| 192 | 714 | 3:30:12 | 3:27:51 | Gerard Sheahan | M | MV50 | | 0:47:19 | 2:26:37 |
| 193 | 44 | 3:30:24 | 3:29:53 | John Pinnell | M | MV40 | | 0:45:21 | 2:25:08 |
| 194 | 308 | 3:30:24 | 3:28:31 | Michael Warby | M | MV40 | | 0:49:41 | 2:30:33 |
| 195 | 844 | 3:30:41 | 3:30:10 | Brian Geeson | M | MV40 | | 0:40:58 | 2:18:12 |
| 196 | 532 | 3:30:45 | 3:28:07 | Alan Dale-Hughes | M | MV40 | | 0:49:21 | 2:30:58 |
| 197 | 247 | 3:30:47 | 3:29:14 | Stephen Cooney | M | MSEN | | 0:48:19 | 2:32:48 |
| 198 | 595 | 3:30:58 | 3:30:48 | Victoria Carter | F | FSEN | SERPENTINE RC | 0:43:07 | 2:27:03 |
| 199 | 303 | 3:31:09 | 3:30:27 | David Wintle | M | MV40 | HOGWEED TROTTERS | 0:43:33 | 2:22:22 |

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|-----|------|---------|---------|--------------------|---|------|---------------------------|---------|---------|
| 200 | 954 | 3:31:11 | 3:31:03 | Joey Mesettii | M | MSEN | PSUK-NORFOLK | 0:41:03 | 2:20:48 |
| 201 | 25 | 3:31:11 | 3:31:08 | Peter Stockdale | M | MSEN | UK NET RUNNER | 0:36:07 | 2:05:25 |
| 202 | 526 | 3:31:35 | 3:29:20 | Adrian Dawson | M | MSEN | | 0:42:56 | 2:22:29 |
| 203 | 55 | 3:31:41 | 3:30:33 | Mark Weight | M | MV40 | 26.2 RRC | 0:47:16 | 2:29:18 |
| 204 | 547 | 3:31:46 | 3:31:15 | Neil Jaggard | M | MV50 | STILTON STRIDERS | 0:43:25 | 2:24:13 |
| 205 | 433 | 3:32:01 | 3:29:53 | Joanne Robinson | F | FSEN | BARROW RUNNERS | 0:49:09 | 2:32:14 |
| 206 | 1529 | 3:32:05 | 3:31:31 | Ryan Whelan | M | MSEN | | 0:44:19 | 2:26:36 |
| 207 | 234 | 3:32:10 | 3:31:49 | Mark Fowler | M | MSEN | | 0:46:47 | 2:30:00 |
| 208 | 943 | 3:32:17 | 3:31:45 | Mark Downie | M | MSEN | PSUK-LOTHIAN & BORDERS | 0:41:39 | 2:18:34 |
| 209 | 426 | 3:32:23 | 3:30:31 | Richard Moss | M | MSEN | | 0:47:58 | 2:29:38 |
| 210 | 618 | 3:32:58 | 3:31:57 | Andy Smith | M | MV40 | | 0:42:40 | 2:25:21 |
| 211 | 536 | 3:32:59 | 3:32:39 | Terry Vaughan | M | MV60 | LEICESTER TRIATHLON CLUB | 0:44:49 | 2:25:08 |
| 212 | 716 | 3:33:13 | 3:31:50 | Sarah Carpenter | F | FSEN | CITY OF HULL | 0:47:17 | 2:30:41 |
| 213 | 777 | 3:33:14 | 3:32:03 | Stephen Gibson | M | MSEN | | 0:45:33 | 2:27:42 |
| 214 | 36 | 3:33:14 | 3:32:30 | Neil Mitchell | M | MSEN | | 0:46:02 | 2:28:22 |
| 215 | 62 | 3:33:15 | 3:32:19 | Clive Hearn | M | MSEN | ROMSEY ROAD RUNNERS | 0:47:41 | 2:31:04 |
| 216 | 496 | 3:33:21 | 3:32:43 | Robert Cauldwell | M | MSEN | | 0:47:10 | 2:31:07 |
| 217 | 830 | 3:33:23 | 3:32:42 | Lee Barber | M | MSEN | DESFORD STRIDERS RC | 0:44:13 | 2:27:11 |
| 218 | 339 | 3:33:26 | 3:33:00 | Paul Charles | M | MV50 | PEGASUS R. C. | 0:43:15 | 2:22:40 |
| 219 | 123 | 3:33:28 | 3:32:50 | Neil Wright | M | MV40 | | 0:46:02 | 2:29:05 |
| 220 | 320 | 3:33:42 | 3:33:30 | Mark Gray | M | MV40 | | 0:43:13 | 2:29:28 |
| 221 | 227 | 3:33:43 | 3:32:13 | Ian Thompson | M | MV40 | | 0:47:14 | 2:30:20 |
| 222 | 1527 | 3:34:03 | 3:33:45 | Paul Manson | M | MSEN | | 0:42:11 | 2:23:32 |
| 223 | 841 | 3:34:30 | 3:34:16 | Kenneth Piggin | M | MV50 | | 0:42:39 | 2:24:44 |
| 224 | 552 | 3:34:37 | 3:33:01 | Shaun Wilebore | M | MV40 | HINCKLEY RUNNING CLUB | 0:44:03 | 2:24:36 |
| 225 | 564 | 3:35:13 | 3:34:48 | Steven Owen | M | MSEN | WYMESWOLD AC | 0:44:42 | 2:25:21 |
| 226 | 309 | 3:35:36 | 3:33:25 | Dave Wilson | M | MV60 | | 0:47:34 | 2:29:36 |
| 227 | 550 | 3:35:37 | 3:34:49 | Nigel Dix | M | MV40 | | 0:44:58 | 2:25:57 |
| 228 | 928 | 3:35:40 | 3:35:15 | Veronica Singleton | F | FV40 | PSUK-HERTFORDSHIRE | 0:44:52 | 2:28:25 |
| 229 | 266 | 3:35:45 | 3:35:24 | Adrian Stewart | M | MSEN | LEICESTER TRIATHLON CLUB | 0:42:25 | 2:19:53 |
| 230 | 146 | 3:36:10 | 3:35:48 | Steve Hatcher | M | MV40 | HINCKLEY RUNNING CLUB | 0:41:45 | 2:24:54 |
| 231 | 428 | 3:36:11 | 3:34:43 | Jonathan Foster | M | MSEN | | 0:47:02 | 2:30:59 |
| 232 | 641 | 3:36:32 | 3:36:20 | David Lawson | M | MSEN | HARROGATE HARRIERS | 0:44:53 | 2:29:36 |
| 233 | 509 | 3:36:37 | 3:35:07 | Ollie Lord | M | MSEN | RETFORD AC | 0:49:20 | 2:32:42 |
| 234 | 734 | 3:36:38 | 3:36:24 | Kam Chung | M | MV40 | WREAKE RUNNERS | 0:40:10 | 2:11:34 |
| 235 | 585 | 3:36:40 | 3:34:48 | Gillian Corrigan | F | FSEN | | 0:49:05 | 2:31:47 |
| 236 | 921 | 3:36:45 | 3:36:10 | Susanne Tagg | F | FV40 | PSUK-GWENT | 0:45:21 | 2:29:16 |
| 237 | 596 | 3:36:46 | 3:35:05 | Lee Cousins | M | MSEN | BRAINTREE AND DISTRICT AC | 0:49:05 | 2:36:42 |
| 238 | 66 | 3:36:52 | 3:35:48 | Tim Warn | M | MV50 | PENNY LANE STRIDERS | 0:47:33 | 2:31:07 |
| 239 | 170 | 3:36:53 | 3:35:04 | Mark Haggitt | M | MV40 | EVESHAM VALE | 0:48:27 | 2:32:42 |

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|-----|------|---------|---------|------------------|---|------|--------------------------|---------|---------|
| 240 | 214 | 3:36:53 | 3:36:12 | Verne Barltrop | M | MV60 | 100 MARATHON CLUB | 0:45:50 | 2:30:08 |
| 241 | 620 | 3:36:54 | 3:35:49 | Susan Hazzard | F | FV40 | CITY OF SALISBURY A&R | 0:47:53 | 2:31:47 |
| 242 | 239 | 3:36:57 | 3:36:17 | Martin Makin | M | MSEN | | 0:45:26 | 2:25:07 |
| 243 | 188 | 3:37:06 | 3:35:29 | Dean Campbell | M | MSEN | | 0:49:31 | 2:34:23 |
| 244 | 491 | 3:37:06 | 3:35:29 | Rob Creighton | M | MSEN | TEAM MK (TRI) | 0:49:31 | 2:34:23 |
| 245 | 508 | 3:37:40 | 3:36:50 | Damien Murphy | M | MV40 | WOOTTON ROAD RUNNERS | 0:43:43 | 2:23:40 |
| 246 | 529 | 3:37:50 | 3:35:31 | Pardeep Sudera | M | MV40 | | 0 | 0 |
| 247 | 166 | 3:37:55 | 3:37:23 | Jonathan Venning | M | MV50 | DUNSTABLE ROAD RUNNERS | 0:49:07 | 2:32:34 |
| 248 | 642 | 3:38:00 | 3:36:09 | Jen Collins | F | FSEN | | 0:49:06 | 2:36:13 |
| 249 | 385 | 3:38:01 | 3:37:38 | Kevin Mccarthy | M | MV40 | RRC | 0:41:34 | 2:22:35 |
| 250 | 1541 | 3:38:25 | 3:37:16 | Duncan Walsh | M | MV40 | | 0:44:25 | 2:25:19 |
| 251 | 946 | 3:38:38 | 3:38:34 | Donald Sandeman | M | MV50 | PSUK-LOTHIAN & BORDERS | 0:43:04 | 2:28:22 |
| 252 | 685 | 3:38:53 | 3:35:48 | Steve Smedley | M | MV40 | | 0:50:08 | 2:32:01 |
| 253 | 449 | 3:38:55 | 3:38:15 | Mark Hadland | M | MSEN | | 0:46:32 | 2:32:40 |
| 254 | 584 | 3:38:56 | 3:37:42 | Peter Gallagher | M | MSEN | | 0:45:35 | 2:28:45 |
| 255 | 440 | 3:39:02 | 3:38:28 | Anil Gupta | M | MSEN | | 0:46:17 | 2:29:37 |
| 256 | 158 | 3:39:07 | 3:38:47 | Simon Easto | M | MV50 | PEEL ROAD RUNNERS | 0:43:42 | 2:29:41 |
| 257 | 743 | 3:39:34 | 3:38:54 | Andy Thomas | M | MSEN | LEICESTER TRIATHLON CLUB | 0:44:21 | 2:29:59 |
| 258 | 827 | 3:39:46 | 3:38:21 | Simon Hassett | M | MSEN | SWANLEY & DISTRICT AC | 0:46:40 | 2:27:55 |
| 259 | 579 | 3:39:56 | 3:39:47 | Bernard Burke | M | MV40 | | 0:43:37 | 2:26:53 |
| 260 | 806 | 3:40:09 | 3:38:16 | Rakesh Nandha | M | MSEN | | 0:44:29 | 2:23:17 |
| 261 | 389 | 3:40:23 | 3:39:17 | Phil Cooper | M | MSEN | BARROW RUNNERS | 0:47:23 | 2:32:11 |
| 262 | 479 | 3:40:39 | 3:36:58 | Danny Rix | M | MSEN | | 0:46:34 | 2:27:54 |
| 263 | 932 | 3:41:03 | 3:39:18 | Mick Brodrick | M | MV40 | PSUK-LANCASHIRE | 0:47:49 | 2:33:56 |
| 264 | 351 | 3:41:13 | 3:40:30 | Grahame Murray | M | MV40 | | 0:47:15 | 2:30:14 |
| 265 | 1570 | 3:41:50 | 3:40:22 | Declan Donnelly | M | MV40 | | 0:49:12 | 2:37:53 |
| 266 | 948 | 3:41:58 | 3:41:47 | Jacqueline Reid | F | FV40 | PSUK-METROPOLITAN | 0:44:38 | 2:35:26 |
| 267 | 597 | 3:42:03 | 3:41:52 | Siobham Reddy | F | FSEN | SERPENTINE RC | 0:43:08 | 2:30:08 |
| 268 | 130 | 3:42:19 | 3:41:51 | Shane Edge | M | MV50 | HARBOROUGH AC | 0:44:42 | 2:29:19 |
| 269 | 173 | 3:42:24 | 3:41:17 | Andrew Wilmot | M | MV60 | HALSTEAD RR | 0:49:08 | 2:36:45 |
| 270 | 952 | 3:42:34 | 3:40:53 | Stuart Barnard | M | MSEN | PSUK-NORFOLK | 0:50:16 | 2:34:37 |
| 271 | 593 | 3:42:42 | 3:40:51 | Richard Lake | M | MSEN | | 0:49:40 | 2:35:12 |
| 272 | 650 | 3:43:10 | 3:42:35 | Richard Coberman | M | MSEN | | 0:44:09 | 2:27:08 |
| 273 | 246 | 3:43:13 | 3:42:54 | Patti Cranton | F | FV40 | HOLME PIERREPOINT RC | 0:43:53 | 2:30:46 |
| 274 | 295 | 3:43:21 | 3:42:18 | Matthew Norton | M | MSEN | | 0:47:48 | 2:33:40 |
| 275 | 200 | 3:43:31 | 3:43:13 | Terry Hindson | M | MV40 | REDCAR RC | 0:44:10 | 2:29:15 |
| 276 | 933 | 3:43:35 | 3:41:50 | Janine Fallon | F | FSEN | PSUK-LANCASHIRE | 0:47:02 | 2:33:03 |
| 277 | 962 | 3:43:40 | 3:42:46 | Karlynn Forsyth | F | FSEN | PSUK-STRATHCLYDE | 0:48:40 | 2:32:41 |
| 278 | 623 | 3:43:45 | 3:41:10 | Jo Robinson | F | FV40 | CALNE SMARTT | 0:51:44 | 2:38:29 |
| 279 | 501 | 3:43:51 | 3:42:54 | Peter Little | M | MV60 | | 0:48:50 | 2:32:55 |

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|-----|------|---------|---------|-----------------------|---|------|----------------------|---------|---------|
| 280 | 334 | 3:43:52 | 3:43:21 | Marcus Lander | M | MSEN | ROAD RUNNERS CLUB | 0:43:29 | 2:32:20 |
| 281 | 438 | 3:44:00 | 3:41:19 | Harold Williams | M | MV60 | OAT PARK RC | 0:48:21 | 2:33:18 |
| 282 | 481 | 3:44:04 | 3:39:35 | Tom Lawlor | M | MSEN | | 0:52:57 | 2:38:27 |
| 283 | 570 | 3:44:11 | 3:41:29 | James Hardy | M | MSEN | | 0:51:22 | 2:36:44 |
| 284 | 561 | 3:44:16 | 3:43:32 | Colin Cross | M | MSEN | | 0:47:55 | 2:33:24 |
| 285 | 134 | 3:44:23 | 3:44:18 | Michael Hughes | M | MSEN | | 0:36:05 | 2:15:56 |
| 286 | 425 | 3:44:53 | 3:42:15 | Kevin Ruding | M | MV40 | | 0:49:21 | 2:31:40 |
| 287 | 1508 | 3:44:57 | 3:44:24 | Jason Pryke | M | MSEN | | 0:43:07 | 2:23:48 |
| 288 | 978 | 3:45:07 | 3:45:01 | Leon Ricketts | M | MSEN | PSUK-WEST YORKSHIRE | 0:39:44 | 2:19:39 |
| 289 | 99 | 3:45:11 | 3:42:47 | Ben Tarlow | M | MSEN | | 0:46:33 | 2:28:51 |
| 290 | 250 | 3:45:13 | 3:43:43 | Becky Duggan | F | FSEN | RETFORD AC | 0:50:08 | 2:37:39 |
| 291 | 211 | 3:45:14 | 3:42:46 | Simon Perkins | M | MSEN | | 0:51:43 | 2:41:18 |
| 292 | 693 | 3:45:40 | 3:43:48 | Lucy Tomlinson | F | FSEN | | 0:50:19 | 2:37:51 |
| 293 | 815 | 3:46:07 | 3:43:48 | James Rendall | M | MSEN | | 0:46:15 | 2:30:08 |
| 294 | 744 | 3:46:12 | 3:42:56 | Alex Clixby | M | MSEN | | 0:49:29 | 2:33:30 |
| 295 | 467 | 3:46:14 | 3:42:05 | Matthew Clarke | M | MSEN | | 0:51:05 | 2:36:29 |
| 296 | 483 | 3:46:23 | 3:46:03 | Richard Hammond | M | MSEN | FENLAND RUNNING CLUB | 0:41:51 | 2:23:31 |
| 297 | 765 | 3:46:37 | 3:43:31 | Simon Griffiths | M | MV40 | | 0:51:20 | 2:38:37 |
| 298 | 1521 | 3:46:49 | 3:45:00 | Andrew Meeks | M | MSEN | | 0:50:09 | 2:36:53 |
| 299 | 732 | 3:46:50 | 3:46:03 | Annette Dix | F | FV40 | | 0:44:58 | 2:30:45 |
| 300 | 35 | 3:46:51 | 3:45:27 | Pierre Godof | M | MSEN | | 0:53:17 | 2:45:17 |
| 301 | 709 | 3:47:03 | 3:44:52 | Jun Hee Lee | F | FSEN | | 0:49:31 | 2:38:38 |
| 302 | 113 | 3:47:07 | 3:46:27 | Andrew Makin | M | MV40 | | 0:47:08 | 2:32:20 |
| 303 | 310 | 3:47:18 | 3:46:35 | Paul Brewster | M | MV40 | BOURNE TOWN HARRIERS | 0:47:36 | 2:36:58 |
| 304 | 97 | 3:47:37 | 3:47:00 | Steven Rivett | M | MSEN | GARDEN CITY RUNNERS | 0:47:16 | 2:33:22 |
| 305 | 316 | 3:47:52 | 3:46:12 | Steve Bruce | M | MSEN | DERBYSHIRE POLICE | 0:46:49 | 2:34:57 |
| 306 | 207 | 3:47:55 | 3:43:39 | Lukasz Lajczak | M | MSEN | | 0:49:59 | 2:36:16 |
| 307 | 555 | 3:48:05 | 3:45:16 | Ian Chan | M | MSEN | | 0:49:23 | 2:33:22 |
| 308 | 636 | 3:48:07 | 3:45:03 | Paul Baggott | M | MV40 | PSUK-LEICESTERSHIRE | 0:52:48 | 2:43:39 |
| 309 | 742 | 3:48:15 | 3:47:46 | Jennifer Norwood | F | FSEN | STILTON STRIDERS | 0:45:15 | 2:35:55 |
| 310 | 583 | 3:48:19 | 3:47:20 | Jennifer Jenks | F | FSEN | ROYAL NAVY AC | 0:45:23 | 2:37:16 |
| 311 | 628 | 3:48:21 | 3:45:54 | Rachael Hardman | F | FSEN | DESFORD STRIDERS RC | 0:50:52 | 2:40:16 |
| 312 | 767 | 3:48:24 | 3:47:36 | Paul Rider | M | MV40 | | 0:47:27 | 2:37:28 |
| 313 | 332 | 3:48:33 | 3:46:14 | Christopher Cockcroft | M | MSEN | | 0:52:52 | 2:42:30 |
| 314 | 109 | 3:48:39 | 3:46:34 | David Maddock | M | MV40 | | 0:48:31 | 2:32:44 |
| 315 | 733 | 3:48:40 | 3:48:11 | Marcella Burgess | F | FV40 | | 0:46:52 | 2:30:59 |
| 316 | 32 | 3:48:43 | 3:47:41 | Fu-Lok Cheung | M | MSEN | SANDWELL VALLEY RC | 0:46:38 | 2:35:56 |
| 317 | 194 | 3:48:47 | 3:46:53 | Richard Smith | M | MV40 | | 0:51:48 | 2:40:49 |
| 318 | 1 | 3:48:51 | 3:47:33 | Martin Keegan | M | MV40 | RUNNYMEDE RUNNERS | 0:50:27 | 2:38:53 |
| 319 | 375 | 3:48:55 | 3:47:55 | Sajad Chaudhury | M | MSEN | ST BEDES | 0:50:34 | 2:39:23 |

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|-----|------|---------|---------|------------------|---|------|-------------------------|---------|---------|
| 320 | 56 | 3:48:57 | 3:46:20 | Neil Dalby | M | MSEN | | 0:50:48 | 2:38:47 |
| 321 | 929 | 3:49:00 | 3:46:52 | Chris Suckling | M | MV40 | PSUK-HERTFORDSHIRE | 0:47:46 | 2:32:38 |
| 322 | 187 | 3:49:07 | 3:46:42 | Andy Lauder | M | MV40 | HINCKLEY RUNNING CLUB | 0:51:10 | 2:39:59 |
| 323 | 515 | 3:49:08 | 3:48:02 | Andy Morris | M | MV40 | | 0:50:34 | 2:42:24 |
| 324 | 429 | 3:49:10 | 3:46:20 | Brian Tuchy | M | MSEN | | 0:51:44 | 2:38:50 |
| 325 | 840 | 3:49:13 | 3:48:00 | Charles Pope | M | MV60 | | 0:45:23 | 2:33:14 |
| 326 | 418 | 3:49:28 | 3:48:46 | Joan Otero | F | FSEN | | 0:45:06 | 2:29:26 |
| 327 | 843 | 3:49:37 | 3:48:01 | Paul Tomkins | M | MV50 | HINCKLEY RUNNING CLUB | 0:47:56 | 2:36:20 |
| 328 | 531 | 3:49:39 | 3:46:56 | Neil Fennel | M | MV40 | 100 MARATHON CLUB | 0:53:45 | 2:44:43 |
| 329 | 79 | 3:49:42 | 3:48:32 | Philip Thompson | M | MSEN | LONG EATON RUNNING CLUB | 0:48:00 | 2:37:42 |
| 330 | 1528 | 3:49:52 | 3:49:35 | John Manson | M | MSEN | | 0:42:09 | 2:23:47 |
| 331 | 29 | 3:49:53 | 3:49:49 | Rush Yadave | M | MV50 | 100 MARATHON CLUB | 0:43:51 | 2:35:25 |
| 332 | 69 | 3:49:59 | 3:48:47 | Chris Allen | M | MV40 | SCARBOROUGH AC | 0:45:21 | 2:26:30 |
| 333 | 775 | 3:50:09 | 3:48:47 | Mark Pickard | M | MV40 | | 0:50:33 | 2:40:52 |
| 334 | 175 | 3:50:14 | 3:48:44 | John Cooper | M | MV50 | | 0:51:26 | 2:42:12 |
| 335 | 119 | 3:50:16 | 3:48:02 | Martin Neal | M | MV40 | ROPSLEY ROAD RUNNERS | 0:53:41 | 2:44:42 |
| 336 | 630 | 3:50:20 | 3:48:11 | Timothy Crump | M | MSEN | | 0:53:03 | 2:44:23 |
| 337 | 434 | 3:50:39 | 3:48:33 | Chris Morgan | M | MSEN | | 0:50:04 | 2:40:39 |
| 338 | 100 | 3:50:44 | 3:48:32 | Nigel Probert | M | MV40 | | 0:53:09 | 2:42:09 |
| 339 | 541 | 3:51:05 | 3:49:40 | Shirish Gandhi | M | MV40 | | 0:47:44 | 2:32:22 |
| 340 | 800 | 3:51:17 | 3:50:31 | Allan Cox | M | MSEN | CLAPHAM CHASERS | 0:46:03 | 2:27:01 |
| 341 | 34 | 3:51:19 | 3:49:51 | Alberto Girolami | M | MV40 | | 0:47:32 | 2:36:31 |
| 342 | 112 | 3:51:25 | 3:50:26 | Edward Drucquer | M | MSEN | | 0:50:33 | 2:39:22 |
| 343 | 653 | 3:51:31 | 3:48:55 | Rachel Walklate | F | FSEN | SOUTHAMPTON | 0:50:04 | 2:40:38 |
| 344 | 654 | 3:51:31 | 3:48:55 | Anna Walklate | F | FSEN | SOUTHAMPTON | 0:50:04 | 2:40:38 |
| 345 | 57 | 3:51:52 | 3:50:44 | Luke Mcdonagh | M | MSEN | 26.2 RRC | 0:47:16 | 2:33:51 |
| 346 | 500 | 3:51:54 | 3:49:22 | Paddy Loggin | M | MV50 | | 0:49:28 | 2:33:41 |
| 347 | 131 | 3:51:55 | 3:49:01 | Michael Walton | M | MV40 | HUNCOTE HARRIERS | 0:53:02 | 2:46:25 |
| 348 | 368 | 3:52:00 | 3:51:09 | Nigel Swepson | M | MSEN | | 0:42:08 | 2:26:23 |
| 349 | 521 | 3:52:11 | 3:49:20 | David Rennie | M | MSEN | WEST END RUNNERS | 0:58:01 | 2:45:15 |
| 350 | 533 | 3:52:11 | 3:49:20 | Jamie Rennie | M | MSEN | WEST END RUNNERS | 0:58:01 | 2:45:15 |
| 351 | 95 | 3:52:12 | 3:50:04 | Andy Johnson | M | MSEN | OWLS AC | 0:50:07 | 2:39:29 |
| 352 | 452 | 3:52:19 | 3:50:29 | Mark Perry | M | MV40 | HERMITAGE HARRIERS | 0:53:17 | 2:44:02 |
| 353 | 319 | 3:52:21 | 3:50:49 | Alex Mcquire | M | MSEN | | 0:51:15 | 2:42:13 |
| 354 | 162 | 3:52:44 | 3:51:13 | Karl Syson | M | MSEN | NORWICH ROAD RUNNERS | 0:53:07 | 2:45:26 |
| 355 | 702 | 3:52:51 | 3:52:18 | Sean Greasley | M | MSEN | | 0:44:05 | 2:32:57 |
| 356 | 807 | 3:52:54 | 3:51:43 | Robert Miles | M | MSEN | | 0:48:13 | 2:35:40 |
| 357 | 233 | 3:52:55 | 3:50:50 | Carolyn Lockett | F | FV40 | MAIDENHEAD A.C. | 0:50:19 | 2:42:12 |
| 358 | 569 | 3:52:58 | 3:50:17 | Michael Owens | M | MSEN | | 0:51:22 | 2:36:45 |
| 359 | 680 | 3:52:58 | 3:51:31 | Joanna Souter | F | FSEN | | 0:50:08 | 2:41:16 |

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|-----|------|---------|---------|--------------------|---|------|-------------------------------|---------|---------|
| 360 | 172 | 3:53:00 | 3:51:30 | Iain Storey | M | MSEN | RETFORD AC | 0:40:54 | 2:26:47 |
| 361 | 665 | 3:53:01 | 3:50:31 | Nathan Cole | M | MSEN | | 0:47:02 | 2:26:09 |
| 362 | 953 | 3:53:15 | 3:51:35 | Craig Johnstone | M | MSEN | PSUK-NORFOLK | 0:51:40 | 2:43:47 |
| 363 | 191 | 3:53:16 | 3:51:39 | Kevin O'Rourke | M | MV40 | TEAMK MK | 0:51:03 | 2:45:42 |
| 364 | 506 | 3:53:18 | 3:52:33 | Steve Robins | M | MSEN | ROAD RUNNERS CLUB | 0:43:50 | 2:28:44 |
| 365 | 236 | 3:53:30 | 3:50:59 | Steve Cooper | M | MV40 | WREAKE RUNNERS | 0:51:14 | 2:47:49 |
| 366 | 350 | 3:53:31 | 3:50:24 | Nalin Patel | M | MV40 | | 0:52:06 | 2:42:09 |
| 367 | 453 | 3:53:58 | 3:52:04 | Alex Prettyman | M | MSEN | FLECKNEY AND KIBWORTH RUNNERS | 0:51:47 | 2:40:49 |
| 368 | 590 | 3:54:06 | 3:52:13 | Edward Hickling | M | MSEN | | 0:52:46 | 2:42:21 |
| 369 | 84 | 3:54:15 | 3:53:17 | Peter Hodgkinson | M | MSEN | | 0:48:25 | 2:36:45 |
| 370 | 605 | 3:54:28 | 3:53:26 | Julie Caseley | F | FV50 | MALVERN JOGGERS | 0:51:09 | 2:46:04 |
| 371 | 165 | 3:54:28 | 3:53:26 | Stuart Brown | M | MV50 | MALVERN JOGGERS | 0:51:09 | 2:46:03 |
| 372 | 171 | 3:54:46 | 3:53:14 | Martin Nugent | M | MSEN | NORWICH ROAD RUNNERS | 0:53:07 | 2:45:27 |
| 373 | 257 | 3:54:47 | 3:53:40 | Roger Barrett | M | MV50 | | 0:48:11 | 2:37:42 |
| 374 | 1574 | 3:54:49 | 3:50:21 | Craig Pafrey | M | MSEN | | 0:52:57 | 2:38:02 |
| 375 | 973 | 3:54:58 | 3:53:07 | Graham Dyson | M | MV40 | PSUK-WEST YORKSHIRE | 0:47:41 | 2:38:48 |
| 376 | 1503 | 3:55:08 | 3:55:08 | James Kirby | M | MSEN | | 0 | 2:49:02 |
| 377 | 473 | 3:55:12 | 3:52:39 | Adam Murphy | M | MSEN | | 0:52:51 | 2:44:34 |
| 378 | 89 | 3:55:20 | 3:53:11 | Max Lang | M | MV60 | | 0:46:02 | 2:34:49 |
| 379 | 408 | 3:55:20 | 3:51:18 | Paul Arnold | M | MSEN | | 0:57:10 | 2:48:19 |
| 380 | 412 | 3:55:37 | 3:53:24 | Andrew Brookes | M | MSEN | | 0:50:43 | 2:38:08 |
| 381 | 168 | 3:56:17 | 3:54:53 | Adrian Bonsall | M | MV50 | | 0:46:53 | 2:35:00 |
| 382 | 419 | 3:56:28 | 3:54:02 | Marie Playford | F | FV50 | DESFORD STRIDERS RC | 0:50:52 | 2:42:14 |
| 383 | 934 | 3:56:34 | 3:54:48 | Simon Lister | M | MSEN | PSUK-LANCASHIRE | 0:49:54 | 2:41:54 |
| 384 | 688 | 3:56:37 | 3:54:30 | Tania Brandon | F | FV40 | OWLS AC | 0:50:08 | 2:43:54 |
| 385 | 769 | 3:56:42 | 3:56:10 | Zack Hocking | M | MSEN | | 0:42:39 | 2:30:14 |
| 386 | 136 | 3:56:53 | 3:54:01 | Richard Lowndes | M | MV40 | STAFFORD TRIATHLON CLUB | 0:53:56 | 2:47:48 |
| 387 | 223 | 3:56:58 | 3:54:45 | Christopher Limmer | M | MSEN | LANCASTER AND MORECOMBE AC | 0:50:12 | 2:40:10 |
| 388 | 312 | 3:57:19 | 3:55:26 | Diane Rogers | F | FV40 | WOOTTON ROAD RUNNERS | 0:53:30 | 2:47:13 |
| 389 | 1502 | 3:57:26 | 3:57:15 | Dennis Ankomah | M | MSEN | | 0:40:31 | 2:31:18 |
| 390 | 88 | 3:57:45 | 3:56:55 | Michael Ayrton | M | MSEN | WEST END RUNNERS | 0:49:09 | 2:36:18 |
| 391 | 797 | 3:57:58 | 3:57:10 | David Manson | M | MV40 | | 0:46:51 | 2:36:39 |
| 392 | 20 | 3:57:58 | 3:55:40 | Andrew Petcher | M | MV40 | | 0:49:10 | 2:38:22 |
| 393 | 190 | 3:58:12 | 3:57:50 | Jim Fletcher | M | MV50 | 100 MARATHON CLUB | 0:49:24 | 2:43:59 |
| 394 | 466 | 3:58:15 | 3:54:07 | Gareth Hudson | M | MSEN | | 0:51:05 | 2:36:29 |
| 395 | 530 | 3:58:20 | 3:56:48 | Peter Golden | M | MV40 | RUTLAND RUNNERS | 0:46:51 | 2:40:15 |
| 396 | 796 | 3:58:30 | 3:57:20 | Doug Rybarczuk | M | MV40 | | 0:47:37 | 2:38:26 |
| 397 | 610 | 3:58:34 | 3:57:31 | Paul Barton | M | MSEN | AMTHILL & FLITWICK FLYERS | 0:49:21 | 2:40:32 |
| 398 | 908 | 3:58:38 | 3:58:15 | Howard Brugge | M | MSEN | PSUK-DEVON & CORNWALL | 0:47:13 | 2:38:41 |
| 399 | 264 | 3:58:52 | 3:57:56 | Wayne Flint | M | MV40 | | 0:48:56 | 2:37:54 |

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|-----|------|---------|---------|---------------------|---|------|---------------------------|---------|---------|
| 400 | 373 | 3:59:05 | 3:57:53 | Jacky Reynolds | F | FV40 | BARROW RUNNERS | 0:49:56 | 2:45:09 |
| 401 | 1507 | 3:59:10 | 3:57:11 | Ray Churgovich | M | MV40 | BOLDER TRIAL RUNNERS | 0:53:11 | 2:50:45 |
| 402 | 420 | 3:59:22 | 3:57:14 | George Williams | M | MV50 | | 0:48:28 | 2:34:37 |
| 403 | 169 | 3:59:24 | 3:58:29 | Dale Jenkins | M | MV40 | ROADHOGGS LEICESTER AC | 0:43:50 | 2:29:03 |
| 404 | 1540 | 3:59:36 | 3:57:46 | Glyn Price | M | MSEN | SHROPSHIRE | 0:47:54 | 2:38:20 |
| 405 | 828 | 3:59:50 | 3:57:50 | Alex Newman | M | MSEN | BLACKWATER VALLEY RUNNERS | 0:50:18 | 2:39:59 |
| 406 | 517 | 3:59:56 | 3:58:05 | Gareth Coates | M | MSEN | HERMITAGE HARRIERS | 0:53:17 | 2:45:53 |
| 407 | 616 | 4:00:00 | 3:57:24 | Jo Gill | F | FSEN | CALNE SMARTT | 0:51:47 | 2:47:07 |
| 408 | 537 | 4:00:15 | 3:58:19 | Dean Tonks | M | MSEN | BARROW RUNNERS | 0:52:14 | 2:45:35 |
| 409 | 525 | 4:00:25 | 3:57:49 | Darren Potter | M | MSEN | ROLLS-ROYCE HARRIERS | 0:51:53 | 2:43:31 |
| 410 | 93 | 4:00:27 | 3:59:32 | Allan Walsh | M | MSEN | NORTHBROOK AC | 0:53:16 | 2:53:19 |
| 411 | 294 | 4:00:29 | 3:59:33 | Brian Farrar | M | MV50 | CORBY AC | 0:53:57 | 2:50:04 |
| 412 | 46 | 4:00:29 | 3:57:53 | Paul Jones | M | MSEN | CALNE SMARTT | 0:51:44 | 2:40:02 |
| 413 | 708 | 4:00:38 | 3:58:38 | Helen Nicol | F | FSEN | | 0:54:30 | 2:50:14 |
| 414 | 968 | 4:00:55 | 3:59:10 | Christopher Hanson | M | MSEN | PSUK-WEST MIDLANDS | 0:47:51 | 2:42:11 |
| 415 | 328 | 4:01:02 | 3:58:53 | Craig Ward | M | MSEN | | 0:53:47 | 2:48:37 |
| 416 | 160 | 4:01:04 | 3:59:30 | Graham Holton | M | MV40 | | 0:52:18 | 2:45:51 |
| 417 | 603 | 4:01:15 | 3:59:42 | Matt Smith | M | MSEN | ROAD RUNNERS CLUB | 0:50:39 | 2:42:44 |
| 418 | 930 | 4:02:19 | 3:59:53 | Philip Wynes | M | MV50 | PSUK-HERTFORDSHIRE | 0:54:02 | 2:51:12 |
| 419 | 700 | 4:02:35 | 4:00:11 | Daniel Green | M | MSEN | | 0:52:17 | 2:44:39 |
| 420 | 431 | 4:02:35 | 4:00:10 | Stephen List | M | MSEN | | 0:52:17 | 2:44:39 |
| 421 | 238 | 4:02:40 | 4:00:10 | Jackie Cooper | F | FV40 | WREAKE RUNNERS | 0:51:14 | 2:48:43 |
| 422 | 306 | 4:02:47 | 4:00:44 | Ben Oldfield | M | MSEN | | 0:48:53 | 2:57:25 |
| 423 | 640 | 4:03:01 | 4:00:19 | Katie-Jane Whitlock | F | FSEN | | 0:52:58 | 2:48:22 |
| 424 | 98 | 4:03:04 | 4:02:57 | Stephen Hinde | M | MV40 | TRI PRESTON | 0:46:35 | 2:37:30 |
| 425 | 545 | 4:03:12 | 4:00:04 | Chris North | M | MSEN | | 0:55:01 | 2:53:13 |
| 426 | 608 | 4:03:14 | 4:00:35 | Catherine Allen | F | FSEN | | 0:53:30 | 2:50:40 |
| 427 | 805 | 4:03:14 | 3:58:53 | Alex Wotherspoon | M | MSEN | | 0:56:18 | 2:50:47 |
| 428 | 414 | 4:03:31 | 4:01:07 | David Mcnicol | M | MV40 | | 0:52:30 | 2:47:57 |
| 429 | 920 | 4:03:34 | 4:00:21 | Colin Prosser | M | MV40 | PSUK-GWENT | 0:53:14 | 2:42:58 |
| 430 | 70 | 4:03:45 | 4:00:57 | Andrew Whittingham | M | MSEN | | 0:53:46 | 2:47:13 |
| 431 | 208 | 4:04:18 | 4:01:02 | Jonathan Straw | M | MV40 | WYMESWOLD RC | 0:52:16 | 2:44:59 |
| 432 | 942 | 4:04:24 | 4:01:22 | Emma Spencer | F | FSEN | PSUK-LEICESTERSHIRE | 0:53:38 | 2:50:59 |
| 433 | 810 | 4:04:25 | 4:01:09 | Gregor Purcell | M | MSEN | WYMESWOLD | 0:52:17 | 2:45:24 |
| 434 | 916 | 4:04:36 | 4:02:50 | Steve Quinn | M | MSEN | PSUK-GMP | 0:51:09 | 2:46:04 |
| 435 | 717 | 4:04:41 | 4:01:34 | Anna Costello | F | FSEN | VALLEY STRIDERS | 0:57:54 | 2:57:43 |
| 436 | 255 | 4:04:46 | 4:03:18 | Adrian Bhagat | M | MSEN | | 0:47:18 | 2:41:12 |
| 437 | 571 | 4:04:59 | 4:01:47 | Roy Mendis | M | MSEN | | 0:54:00 | 2:50:35 |
| 438 | 102 | 4:05:04 | 4:03:46 | John Stew | M | MV50 | ROADHOGGS LEICESTER AC | 0:49:17 | 2:45:41 |
| 439 | 342 | 4:05:12 | 4:04:42 | Rob Kelly | M | MV40 | LORDSHILL ROAD RUNNERS | 0:46:44 | 2:36:29 |

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|-----|------|---------|---------|--------------------|---|------|-----------------------------------|---------|---------|
| 440 | 402 | 4:05:25 | 4:04:10 | Ben Bishop | M | MV40 | ENFIELD&HARRINGEY ATHLETICS CLUB | 0:48:49 | 2:49:07 |
| 441 | 696 | 4:05:33 | 4:03:52 | Angela McWilliams | F | FSEN | CHARNWOOD AC | 0:43:45 | 2:36:02 |
| 442 | 1556 | 4:05:41 | 4:03:11 | Jack Short | M | MSEN | | 0:51:14 | 2:47:26 |
| 443 | 432 | 4:06:00 | 4:05:16 | Paul Russell | M | MV40 | HARBOROUGH AC | 0:45:05 | 2:43:22 |
| 444 | 554 | 4:06:09 | 4:04:37 | Barry Hastings | M | MV40 | | 0:47:37 | 2:46:49 |
| 445 | 726 | 4:07:17 | 4:04:29 | Catherine Kearns | F | FSEN | | 0:54:29 | 2:53:51 |
| 446 | 462 | 4:07:17 | 4:04:30 | Nicholas Bellamy | M | MSEN | | 0:53:32 | 2:51:32 |
| 447 | 31 | 4:07:21 | 4:06:33 | Jason Joyce | M | MSEN | KIRBY AND WEST | 0:44:44 | 2:30:54 |
| 448 | 723 | 4:07:22 | 4:03:11 | Magda Balogh | F | FSEN | LORDSHILL ROAD RUNNERS | 0:55:52 | 2:57:39 |
| 449 | 299 | 4:07:56 | 4:05:46 | Darren Starkey | M | MSEN | | 0:50:11 | 2:43:42 |
| 450 | 284 | 4:08:01 | 4:03:39 | Chris Biddell | M | MSEN | | 0:58:18 | 2:54:33 |
| 451 | 447 | 4:08:07 | 4:05:49 | Adrian Giddins | M | MSEN | | 0:48:00 | 2:39:20 |
| 452 | 387 | 4:08:07 | 4:04:48 | Laura Green | F | FSEN | | 0:55:42 | 2:54:17 |
| 453 | 75 | 4:08:08 | 4:06:25 | Mark West | M | MV40 | | 0:49:57 | 2:45:58 |
| 454 | 405 | 4:08:18 | 4:06:43 | Jon Watkins | M | MV40 | | 0:56:25 | 2:56:32 |
| 455 | 219 | 4:08:24 | 4:04:53 | Andy Chapman | M | MSEN | | 0:50:36 | 2:42:35 |
| 456 | 574 | 4:08:29 | 4:05:14 | Keith Humphrey | M | MV40 | WYMESWOLD RUNNING CLUB | 0:52:17 | 2:46:37 |
| 457 | 766 | 4:08:34 | 4:05:18 | David Hayward | M | MSEN | WYMESWOLD | 0:52:17 | 2:46:38 |
| 458 | 980 | 4:08:40 | 4:05:09 | Mel Moore | M | MV40 | PSUK-KENT | 0:55:15 | 2:50:59 |
| 459 | 128 | 4:08:40 | 4:07:46 | Martin Chamberlain | M | MV50 | WEST END RUNNERS | 0:47:21 | 2:37:24 |
| 460 | 377 | 4:09:09 | 4:07:53 | Brian Feldman | M | MV60 | HILLINGDON AC | 0:50:10 | 2:46:01 |
| 461 | 681 | 4:09:23 | 4:05:47 | Daniella Bramwell | F | FSEN | | 0:54:28 | 2:51:46 |
| 462 | 10 | 4:09:26 | 4:08:26 | Richard Gallagher | M | MV40 | BOURNE TOWN HARRIERS | 0:50:22 | 2:42:44 |
| 463 | 534 | 4:09:31 | 4:09:23 | Troy Frost | M | MV40 | | 0:45:20 | 2:35:10 |
| 464 | 258 | 4:09:33 | 4:08:34 | Peter Kirby | M | MV70 | WREAKE RUNNERS | 0:51:24 | 2:51:29 |
| 465 | 809 | 4:09:55 | 4:08:52 | Glyn James Raymen | M | MSEN | LEIGHTON FUN RUNNERS | 0:58:08 | 3:01:53 |
| 466 | 901 | 4:10:08 | 4:07:29 | Tony Harper | M | MV50 | PSUK-DERBYSHIRE | 0:55:21 | 2:54:47 |
| 467 | 633 | 4:10:15 | 4:07:01 | Amy Grove | F | FSEN | WARWICK UNIVERSITY TRIATHLON CLUB | 0:58:04 | 2:57:58 |
| 468 | 634 | 4:10:16 | 4:07:02 | Amy Burdis | F | FSEN | | 0:58:04 | 2:57:58 |
| 469 | 341 | 4:10:18 | 4:09:35 | Anthony Yoxall | M | MV40 | BOURNE TOWN HARRIERS | 0:47:36 | 2:41:21 |
| 470 | 329 | 4:10:21 | 4:07:51 | Finbar Headley | M | MSEN | | 0:53:57 | 2:49:34 |
| 471 | 330 | 4:10:21 | 4:07:51 | Mark Veasey | M | MSEN | | 0:53:39 | 2:49:34 |
| 472 | 611 | 4:10:24 | 4:08:26 | David Shepherd | M | MSEN | | 0:54:17 | 2:50:39 |
| 473 | 513 | 4:10:40 | 4:06:36 | David Ridley | M | MV50 | MAIDENHEAD AC | 1:00:07 | 3:01:27 |
| 474 | 572 | 4:10:41 | 4:09:39 | Tom Fitzsimons | M | MSEN | | 0:50:55 | 2:48:41 |
| 475 | 839 | 4:10:56 | 4:07:05 | Veronica Tang | F | FSEN | OREGON RUNNING CLUB SINGAPORE | 0:54:51 | 3:01:04 |
| 476 | 415 | 4:11:06 | 4:07:31 | Liz Kearney | F | FSEN | | 0:56:02 | 2:55:08 |
| 477 | 490 | 4:11:23 | 4:08:54 | Gregg Bingham | M | MSEN | | 0:53:57 | 2:56:42 |
| 478 | 482 | 4:11:49 | 4:11:06 | Gavin Nicol | M | MSEN | | 0:44:35 | 2:46:32 |
| 479 | 114 | 4:11:49 | 4:10:36 | Roy Grew | M | MV60 | 100 MARATHON CLUB | 0:52:07 | 2:51:03 |

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|-----|------|---------|---------|----------------------|---|------|--------------------------|---------|---------|
| 480 | 923 | 4:12:43 | 4:10:25 | Gail Balfour | F | FSEN | PSUK-HAMPSHIRE | 0:53:29 | 2:50:40 |
| 481 | 293 | 4:12:49 | 4:09:58 | Diana Campbell | F | FSEN | BAILDON RUNNERS | 0:54:06 | 2:53:55 |
| 482 | 464 | 4:13:08 | 4:09:34 | John Stone | M | MV60 | UTTOXETER ROAD RUNNERS | 0:55:29 | 2:58:05 |
| 483 | 757 | 4:13:19 | 4:11:50 | David Woolhouse | M | MV40 | | 0:52:31 | 2:46:38 |
| 484 | 773 | 4:13:27 | 4:10:14 | Richard Bevan | M | MSEN | | 0:52:06 | 2:48:40 |
| 485 | 542 | 4:13:33 | 4:12:32 | Neil Hibbert | M | MSEN | | 0:45:23 | 2:31:40 |
| 486 | 3 | 4:13:48 | 4:11:16 | Mark Allen | M | MSEN | ORPINGTON ROAD RUNNERS | 0:55:20 | 2:53:27 |
| 487 | 423 | 4:14:00 | 4:10:23 | Richard Davis | M | MSEN | | 0:55:53 | 2:55:59 |
| 488 | 493 | 4:14:01 | 4:11:16 | Huw Jones | M | MSEN | HARRIERS | 0:53:04 | 2:49:27 |
| 489 | 270 | 4:14:02 | 4:11:35 | Stuart Dewdney | M | MV40 | | 0:53:57 | 2:51:43 |
| 490 | 311 | 4:14:51 | 4:11:37 | Matthew Hough | M | MSEN | | 0:55:41 | 2:55:56 |
| 491 | 1544 | 4:14:56 | 4:12:43 | Kate Simon | F | FSEN | | 0:53:45 | 2:55:45 |
| 492 | 906 | 4:15:13 | 4:12:27 | Scott Riley | M | MSEN | PSUK-DERBYSHIRE | 0:53:02 | 2:50:35 |
| 493 | 210 | 4:15:19 | 4:12:52 | Steve Roe | M | MV40 | | 0:53:15 | 2:51:11 |
| 494 | 17 | 4:15:31 | 4:13:14 | Lee Gibson | M | MSEN | | 0:49:10 | 2:46:02 |
| 495 | 975 | 4:15:39 | 4:14:01 | Heather Mitchell | F | FV50 | PSUK-WEST YORKSHIRE | 0:50:55 | 2:50:07 |
| 496 | 384 | 4:15:44 | 4:13:29 | Sarah Tuck | F | FSEN | CHARNWOOD TRIATHLON CLUB | 0:53:34 | 2:55:29 |
| 497 | 139 | 4:15:50 | 4:14:52 | Angus Searcy | M | MV40 | SERPENTINE RC | 0:50:06 | 2:52:15 |
| 498 | 67 | 4:15:55 | 4:13:33 | Craig Johnson | M | MSEN | HERMITAGE HARRIERS | 0:53:09 | 2:49:28 |
| 499 | 629 | 4:15:56 | 4:14:27 | Jayne Bevan | F | FSEN | | 0:50:52 | 2:51:31 |
| 500 | 1524 | 4:16:15 | 4:12:43 | Susan Denham-Smith | F | FV40 | LIESWIC AC | 0:59:09 | 3:02:53 |
| 501 | 381 | 4:16:25 | 4:14:34 | Jason Lee | M | MSEN | ALDRIDGE RUNNING CLUB | 0:49:33 | 2:45:15 |
| 502 | 285 | 4:16:32 | 4:13:52 | Andrew Smith | M | MV50 | UK NETRUNNER | 0:53:05 | 2:51:07 |
| 503 | 710 | 4:16:35 | 4:14:02 | Sarah Pannell | F | FV40 | | 0:55:13 | 3:01:09 |
| 504 | 205 | 4:16:36 | 4:14:40 | Des Nutting | M | MSEN | WORKSOP HARRIERS | 0:52:13 | 2:48:40 |
| 505 | 104 | 4:17:03 | 4:16:26 | Neil James | M | MSEN | | 0:44:27 | 2:42:10 |
| 506 | 679 | 4:17:15 | 4:14:41 | Martin Hall | M | MSEN | | 0:58:02 | 3:06:35 |
| 507 | 90 | 4:17:30 | 4:14:47 | Peter Baldwin | M | MSEN | | 0:56:53 | 2:58:51 |
| 508 | 41 | 4:17:57 | 4:13:58 | Alan Smith | M | MSEN | | 0:53:12 | 2:47:22 |
| 509 | 779 | 4:18:08 | 4:15:38 | David Axelrod | M | MSEN | | 0:53:39 | 2:50:36 |
| 510 | 6 | 4:18:43 | 4:15:52 | Peter Tollington | M | MV40 | | 0:56:43 | 2:57:44 |
| 511 | 791 | 4:19:12 | 4:16:31 | Henry Charles | M | MSEN | | 0:52:45 | 2:54:14 |
| 512 | 1566 | 4:19:35 | 4:15:23 | Micael Murphy | M | MV40 | | 0:54:21 | 2:54:23 |
| 513 | 498 | 4:20:07 | 4:16:32 | Brandon Titterington | M | MV40 | | 0:57:34 | 3:02:14 |
| 514 | 587 | 4:20:11 | 4:19:14 | Karen Roberts | F | FSEN | WREAKE RUNNERS | 0:52:31 | 2:56:39 |
| 515 | 635 | 4:20:11 | 4:19:13 | Jane Mayes | F | FSEN | WREAKE RUNNERS | 0:52:31 | 2:56:37 |
| 516 | 637 | 4:20:11 | 4:19:13 | Jenny Thorpe | F | FSEN | WREAKE RUNNERS | 0:52:32 | 2:56:38 |
| 517 | 838 | 4:20:11 | 4:19:13 | Shane Godrich | M | MSEN | WREAKE RUNNERS | 0:52:30 | 2:56:36 |
| 518 | 786 | 4:20:15 | 4:18:02 | Andy Varley | M | MSEN | | 0:54:48 | 2:55:49 |
| 519 | 149 | 4:20:38 | 4:17:19 | Ian Wardle | M | MSEN | | 0:57:32 | 3:02:40 |

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| 520 | 274 | 4:20:53 | 4:18:02 | Gerry Mccabe | M | MSEN | FAIRLANDS VALLEY SPARTANS | 0:55:56 | 2:54:53 |
| 521 | 338 | 4:21:09 | 4:19:56 | Peter Shenton | M | MV50 | CAMBRIDGE & COLERIDGE | 0:57:14 | 2:54:55 |
| 522 | 677 | 4:21:10 | 4:17:30 | Howard Mead | M | MSEN | | 0:54:36 | 3:06:40 |
| 523 | 13 | 4:21:43 | 4:17:54 | Greg Callis | M | MSEN | | 1:01:53 | 3:06:09 |
| 524 | 740 | 4:21:49 | 4:17:38 | Alexander Lerche | M | MSEN | TEAM GEOLOGY | 0:56:03 | 3:01:15 |
| 525 | 581 | 4:22:10 | 4:19:45 | Nigel Kinsella | M | MV40 | | 0:52:31 | 2:53:26 |
| 526 | 544 | 4:22:34 | 4:21:26 | Bob Parmenter | M | MV50 | HALSTEAD ROAD RUNNERS | 0:54:17 | 3:00:32 |
| 527 | 117 | 4:22:44 | 4:20:08 | Jay Marshall | M | MSEN | | 0:53:01 | 2:54:54 |
| 528 | 193 | 4:22:49 | 4:20:04 | Alex Lea | M | MSEN | | 0:56:48 | 2:59:28 |
| 529 | 435 | 4:22:52 | 4:19:31 | Matthew Guise | M | MSEN | | 0:56:10 | 2:59:46 |
| 530 | 422 | 4:22:59 | 4:21:15 | Mark Wheatley | M | MV40 | BIRSTALL RC | 0:56:21 | 2:57:59 |
| 531 | 161 | 4:23:12 | 4:18:45 | David Abbey | M | MV50 | | 0:58:10 | 3:07:47 |
| 532 | 599 | 4:23:24 | 4:19:40 | Richard Hampson | M | MV50 | | 1:02:26 | 3:09:08 |
| 533 | 631 | 4:23:48 | 4:20:27 | Karen Singleton | F | FV40 | WOOTTON ROAD RUNNERS | 0:56:19 | 3:02:56 |
| 534 | 811 | 4:23:50 | 4:22:21 | Noah T Zambe | M | MSEN | | 0:53:29 | 2:56:14 |
| 535 | 964 | 4:24:00 | 4:23:05 | Grant McCormack | M | MSEN | PSUK-STRATHCLYDE | 0:48:41 | 2:55:24 |
| 536 | 474 | 4:24:16 | 4:21:42 | Jennifer Starr | F | FSEN | | 0:53:35 | 2:56:29 |
| 537 | 799 | 4:24:45 | 4:20:24 | Edward Hill | M | MV40 | | 0:57:42 | 2:59:06 |
| 538 | 336 | 4:25:09 | 4:20:42 | Philip Jones | M | MSEN | | 0:54:57 | 2:59:30 |
| 539 | 782 | 4:25:19 | 4:21:44 | Ian Howick | M | MV40 | PSK-NOTTINGHAMSHIRE | 0:56:21 | 3:00:05 |
| 540 | 548 | 4:25:29 | 4:23:03 | Steve Poole | M | MV40 | HINCKLEY RUNNING CLUB | 1:01:35 | 3:06:06 |
| 541 | 594 | 4:25:31 | 4:21:43 | Hannah Burrows | F | FSEN | | 0:58:35 | 3:02:44 |
| 542 | 226 | 4:26:00 | 4:22:45 | Mark Clixby | F | FSEN | | 0:56:53 | 3:05:23 |
| 543 | 475 | 4:26:21 | 4:21:33 | Noel Bresland | M | MSEN | | 0:51:34 | 2:55:02 |
| 544 | 643 | 4:26:27 | 4:23:24 | Andrea Webster | F | FV50 | | 0:55:48 | 3:02:10 |
| 545 | 349 | 4:26:42 | 4:24:40 | Benjamin Cranham | M | MSEN | | 0:50:56 | 2:49:31 |
| 546 | 283 | 4:26:51 | 4:22:29 | James Fullarton | M | MSEN | | 0:58:18 | 3:01:47 |
| 547 | 92 | 4:26:55 | 4:26:26 | Paul Miller | M | MV40 | | 0:48:16 | 2:59:39 |
| 548 | 504 | 4:27:33 | 4:23:28 | Anna Finn | F | FSEN | VEGAN RUNNERS UK | 0:57:52 | 3:07:04 |
| 549 | 469 | 4:27:35 | 4:25:05 | Brian Barnett | M | MV50 | SHEPshed RUNNING CLUB | 0:50:25 | 2:48:56 |
| 550 | 147 | 4:27:55 | 4:23:02 | Graham Jones | M | MSEN | | 0:56:06 | 2:53:53 |
| 551 | 794 | 4:28:06 | 4:27:53 | Gary Dixon | M | MV40 | REAL RUNNER | 0:52:44 | 2:59:15 |
| 552 | 7 | 4:28:38 | 4:26:09 | Mark Sanders | M | MV40 | 100 MARATHON CLUB | 0:53:42 | 3:03:53 |
| 553 | 322 | 4:28:47 | 4:28:08 | Joanna Westrope | F | FSEN | | 0:50:52 | 2:54:47 |
| 554 | 793 | 4:28:48 | 4:25:16 | Charlie Juffs | M | MV50 | | 0:54:45 | 2:46:28 |
| 555 | 159 | 4:29:07 | 4:26:40 | Simon Read | M | MV40 | DEAL TRI | 0:53:26 | 2:54:16 |
| 556 | 248 | 4:29:11 | 4:26:32 | Martin Conboy | M | MV40 | | 0:51:36 | 2:52:11 |
| 557 | 675 | 4:29:17 | 4:25:37 | Sangita Chagan | F | FSEN | MISS BUTTERFLY | 0:54:44 | 3:06:31 |
| 558 | 919 | 4:29:21 | 4:26:09 | Steve New | M | MV40 | PSUK-GWENT | 0:53:15 | 2:55:00 |
| 559 | 224 | 4:29:43 | 4:26:20 | Matthew Hick | M | MSEN | | 0:57:31 | 3:00:49 |

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|-----|------|---------|---------|-------------------|---|------|-----------------------|---------|---------|
| 560 | 307 | 4:30:00 | 4:25:56 | Wayne Needham | M | MSEN | | 0:57:16 | 3:00:10 |
| 561 | 789 | 4:30:16 | 4:27:42 | Adam Pegram | M | MSEN | | 0:52:51 | 2:55:27 |
| 562 | 202 | 4:30:24 | 4:26:27 | David Evans | M | MSEN | | 1:01:58 | 3:10:29 |
| 563 | 129 | 4:31:03 | 4:27:12 | Stefan Wittering | M | MV60 | DESFORD STRIDERS RC | 1:00:05 | 3:11:04 |
| 564 | 212 | 4:31:56 | 4:28:13 | Steve Wilson | M | MSEN | UK NETRUNNER | 0:57:22 | 3:01:49 |
| 565 | 107 | 4:32:13 | 4:29:21 | Melvyn Finerty | M | MV40 | | 0:53:36 | 2:57:16 |
| 566 | 354 | 4:33:08 | 4:30:18 | Ted Burch | M | MSEN | | 0:57:07 | 3:01:21 |
| 567 | 358 | 4:33:21 | 4:29:38 | Dave Bellingham | M | MV50 | WEST END RUNNERS | 1:00:38 | 3:11:30 |
| 568 | 705 | 4:33:24 | 4:29:21 | Ruth Benzimra | F | FV40 | 100 MARATHON CLUB | 0:58:08 | 3:06:08 |
| 569 | 15 | 4:33:40 | 4:32:16 | Bob Aird | M | MV70 | BARROW RUNNERS | 0:54:07 | 3:05:49 |
| 570 | 621 | 4:33:44 | 4:32:39 | Mary Clements | F | FV60 | CITY OF SALISBURY A&R | 0:54:58 | 3:06:09 |
| 571 | 770 | 4:34:15 | 4:30:08 | Paul Kaye | M | MV50 | | 0:57:45 | 3:05:48 |
| 572 | 728 | 4:34:19 | 4:30:54 | Alison Cottam | F | FV50 | | 0:58:35 | 3:13:10 |
| 573 | 199 | 4:34:29 | 4:29:57 | Jonathan Henson | M | MSEN | | 0:58:19 | 3:09:10 |
| 574 | 1542 | 4:34:55 | 4:32:37 | Jack Collins | M | MSEN | | 0:46:16 | 2:54:45 |
| 575 | 8 | 4:35:31 | 4:32:08 | James McGill | M | MV40 | | 0:54:25 | 2:58:42 |
| 576 | 318 | 4:35:31 | 4:31:44 | Lyn O'Neill | F | FSEN | | 0:58:02 | 3:04:22 |
| 577 | 788 | 4:35:43 | 4:33:03 | Liam O'Connor | M | MSEN | | 0:58:54 | 3:02:46 |
| 578 | 941 | 4:36:15 | 4:35:59 | David Sandall | M | MSEN | PSUK-LEICESTERSHIRE | 0:44:17 | 2:44:58 |
| 579 | 40 | 4:36:29 | 4:36:04 | David Phillips | M | MV60 | MASSEY FURGUSON RC | 0:56:08 | 3:08:59 |
| 580 | 198 | 4:36:51 | 4:34:02 | Ian Tonks | M | MSEN | | 0:52:13 | 3:01:01 |
| 581 | 292 | 4:37:23 | 4:34:39 | David Edwards | M | MSEN | | 0:59:59 | 3:11:58 |
| 582 | 738 | 4:37:28 | 4:33:59 | Ben Craddock | M | MSEN | HEATON HARRIERS | 0:56:45 | 3:03:06 |
| 583 | 673 | 4:37:32 | 4:33:51 | Rachel Brock | F | FSEN | MASSEY FURGUSON RC | 1:00:27 | 3:11:47 |
| 584 | 355 | 4:37:35 | 4:33:38 | Andrew Rendell | M | MSEN | ST ALBANS STRIDERS | 0:54:39 | 3:00:42 |
| 585 | 245 | 4:37:45 | 4:33:49 | Miriam Legaye | F | FV40 | PSUK-LEICESTERSHIRE | 0:53:30 | 3:03:29 |
| 586 | 565 | 4:37:57 | 4:36:46 | Neil Rowbotham | M | MSEN | | 0:51:52 | 3:01:49 |
| 587 | 286 | 4:38:05 | 4:34:32 | Bev Hayes | F | FSEN | BEDFORD HARRIERS | 0:59:23 | 3:13:33 |
| 588 | 601 | 4:38:56 | 4:35:32 | James Vickers | M | MSEN | | 0:57:46 | 3:03:11 |
| 589 | 11 | 4:38:58 | 4:35:12 | Matthew Dancer | M | MSEN | | 1:03:37 | 3:21:54 |
| 590 | 313 | 4:38:58 | 4:36:01 | Cole Smith | M | MV40 | | 1:00:59 | 3:07:27 |
| 591 | 470 | 4:38:58 | 4:36:39 | Stuart Farnan | M | MSEN | | 0:55:28 | 3:03:06 |
| 592 | 557 | 4:38:59 | 4:37:05 | Mick Wallis | M | MV40 | | 0:56:19 | 3:08:22 |
| 593 | 748 | 4:39:00 | 4:36:28 | Andrew Raymond | M | MV40 | | 0:55:10 | 3:01:15 |
| 594 | 638 | 4:39:03 | 4:35:33 | Laura Edgley | F | FSEN | | 1:02:37 | 3:14:59 |
| 595 | 28 | 4:39:05 | 4:38:12 | Jeffrey Wiltshire | M | MV50 | | 0:47:41 | 2:49:28 |
| 596 | 441 | 4:39:27 | 4:35:09 | Susan Odai | F | FV40 | | 1:00:23 | 3:12:45 |
| 597 | 518 | 4:40:15 | 4:36:06 | Carol Preston | F | FV40 | | 0:59:02 | 3:08:15 |
| 598 | 1538 | 4:40:24 | 4:39:24 | Joeko Lavrila | M | MV40 | | 0:50:02 | 3:01:52 |
| 599 | 657 | 4:40:28 | 4:38:50 | Emma Kettle | F | FSEN | | 0:53:16 | 3:07:17 |

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|-----|------|---------|---------|-------------------------|---|------|-----------------------------|---------|---------|
| 600 | 686 | 4:41:00 | 4:36:55 | Sarah Tarlow | F | FV40 | | 1:00:09 | 3:12:25 |
| 601 | 217 | 4:41:04 | 4:36:36 | Matthew Sharp | M | MSEN | | 0:59:14 | 3:05:38 |
| 602 | 489 | 4:41:09 | 4:39:10 | Edward Nichols | M | MSEN | | 0:52:48 | 2:54:31 |
| 603 | 711 | 4:41:16 | 4:39:11 | Manish Popat | M | MSEN | | 0:53:19 | 3:05:03 |
| 604 | 778 | 4:41:21 | 4:38:37 | Adrian Buchanan | M | MV40 | | 0:56:49 | 3:08:31 |
| 605 | 758 | 4:42:05 | 4:39:20 | Rebecca Halil | F | FSEN | | 0:55:46 | 3:08:41 |
| 606 | 656 | 4:42:41 | 4:38:09 | Louise Pearson | F | FSEN | | 0:59:47 | 3:13:23 |
| 607 | 706 | 4:42:51 | 4:38:34 | Gurmit Kler | F | FSEN | | 0:55:51 | 3:02:26 |
| 608 | 427 | 4:43:26 | 4:40:46 | Oliver Bray | M | MSEN | | 0:51:16 | 3:05:39 |
| 609 | 1539 | 4:44:13 | 4:40:33 | Blake Goodman | M | MSEN | | 1:00:39 | 3:13:44 |
| 610 | 664 | 4:44:13 | 4:40:14 | Sally Wokes | F | FSEN | | 1:00:37 | 3:13:43 |
| 611 | 917 | 4:44:28 | 4:41:16 | Troy Elliot | M | MSEN | PSUK-GWENT | 0:54:53 | 3:06:31 |
| 612 | 667 | 4:45:14 | 4:41:31 | Lesley Keighley | F | FV50 | MASSEY FURGUSON RC | 1:00:27 | 3:12:28 |
| 613 | 361 | 4:45:22 | 4:41:43 | Ketan Mistry | M | MSEN | | 0:59:25 | 3:14:16 |
| 614 | 792 | 4:45:38 | 4:42:39 | Peter Tapping | M | MV50 | DARK PEAK FELL RUNNERS | 0:51:10 | 2:58:02 |
| 615 | 143 | 4:45:58 | 4:42:36 | Matthew Eames | M | MSEN | | 0:58:41 | 3:10:40 |
| 616 | 492 | 4:46:00 | 4:43:15 | Glyn Jones | M | MV50 | HARRIERS | 0:51:59 | 3:11:30 |
| 617 | 450 | 4:46:04 | 4:42:42 | Peter Lambden | M | MSEN | | 0:58:41 | 3:10:41 |
| 618 | 820 | 4:46:06 | 4:41:37 | Jagjit Singh | M | MV50 | | 0:58:20 | 3:14:14 |
| 619 | 73 | 4:46:27 | 4:43:23 | Drew Bown | M | MSEN | | 0:53:54 | 2:52:39 |
| 620 | 842 | 4:46:36 | 4:43:17 | John Dawson | M | MV70 | | 1:03:46 | 3:22:57 |
| 621 | 1505 | 4:46:52 | 4:46:05 | Charlotte Thompson | F | FSEN | | 0:55:51 | 3:18:28 |
| 622 | 437 | 4:46:52 | 4:46:06 | Saffron Garratt | F | FSEN | | 0:55:51 | 3:18:29 |
| 623 | 672 | 4:47:14 | 4:43:33 | Sheila Johnson | F | FV50 | MASSEY FURGUSON RC COVENTRY | 1:00:33 | 3:14:46 |
| 624 | 619 | 4:47:33 | 4:46:35 | Adaku Lawrence | F | FSEN | | 0:54:17 | 3:06:48 |
| 625 | 240 | 4:48:15 | 4:45:49 | Emma Buswell | F | FSEN | WOOTTON ROAD RUNNERS | 1:00:40 | 3:16:00 |
| 626 | 27 | 4:49:12 | 4:45:07 | Christopher Foxall | M | MSEN | | 1:03:00 | 3:14:15 |
| 627 | 391 | 4:49:29 | 4:46:19 | Nigel Jones | M | MSEN | | 0:57:33 | 3:16:29 |
| 628 | 1523 | 4:49:41 | 4:47:04 | Terrance Dulake | M | MV60 | | 0:56:32 | 3:14:14 |
| 629 | 424 | 4:49:42 | 4:48:09 | Rosalind Maulkerson | F | FV40 | | 0:52:37 | 3:04:36 |
| 630 | 612 | 4:50:48 | 4:46:24 | Caroline Britz | F | FV40 | | 1:05:56 | 3:23:13 |
| 631 | 59 | 4:50:49 | 4:46:49 | Sam Buxton | M | MSEN | | 0:56:54 | 3:08:31 |
| 632 | 115 | 4:51:17 | 4:47:32 | Graham Loveluck-Edwards | M | MV40 | | 1:00:30 | 3:07:04 |
| 633 | 386 | 4:52:41 | 4:49:13 | Jason Gadeke | M | MSEN | | 1:00:52 | 3:19:04 |
| 634 | 731 | 4:54:16 | 4:49:57 | Hannah Spencer | F | FSEN | CLAREMONT RR | 1:04:28 | 3:24:36 |
| 635 | 488 | 4:55:05 | 4:50:47 | Claire Spice | F | FV40 | | 1:08:46 | 3:30:50 |
| 636 | 243 | 4:55:39 | 4:52:40 | Mark Cook | M | MV40 | | 1:00:25 | 3:20:04 |
| 637 | 144 | 4:56:23 | 4:54:17 | Gyula Rosinszki | M | MSEN | | 0:52:33 | 3:07:20 |
| 638 | 468 | 4:56:39 | 4:52:29 | Steve Collett | M | MSEN | | 0:56:03 | 3:19:43 |
| 639 | 718 | 4:56:44 | 4:53:16 | Philip Brown | M | MSEN | | 0:51:59 | 3:02:11 |

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|-----|------|---------|---------|--------------------|---|------|---------------------------|---------|---------|
| 640 | 465 | 4:57:09 | 4:53:29 | Vicky Chambers | F | FSEN | | 0:59:19 | 3:24:52 |
| 641 | 670 | 4:57:10 | 4:53:49 | Natalie Martin | F | FSEN | | 0:57:38 | 3:21:11 |
| 642 | 52 | 4:57:31 | 4:55:01 | Malcolm Bell | M | MSEN | | 0:56:19 | 3:21:39 |
| 643 | 471 | 4:57:40 | 4:55:11 | Vivek Karwal | M | MSEN | | 0:57:53 | 3:18:33 |
| 644 | 900 | 4:57:44 | 4:53:35 | Darran Alderson | M | MV40 | PSUK-CAMBRIDGESHIRE | 1:05:17 | 3:23:18 |
| 645 | 785 | 4:58:06 | 4:53:27 | Kevin Miller | M | MSEN | | 0:58:55 | 3:22:02 |
| 646 | 392 | 4:58:36 | 4:54:54 | Suzanne Perry | F | FV40 | HERMITAGE HARRIERS | 1:08:17 | 3:31:18 |
| 647 | 582 | 4:58:40 | 4:55:08 | Helen Gainford | F | FSEN | | 1:03:51 | 3:25:09 |
| 648 | 221 | 4:58:40 | 4:55:08 | Ginny Noble | F | FSEN | | 1:03:51 | 3:25:09 |
| 649 | 632 | 4:58:42 | 4:55:12 | Catherine Kerslake | F | FSEN | | 1:02:36 | 3:18:39 |
| 650 | 151 | 4:59:07 | 4:54:42 | Ritch Partridge | M | MSEN | | 0:59:40 | 3:12:26 |
| 651 | 85 | 4:59:35 | 4:55:57 | Richard Cooper | M | MSEN | | 1:00:48 | 3:24:24 |
| 652 | 63 | 4:59:35 | 4:55:57 | Tim Cooper | M | MSEN | | 1:00:48 | 3:24:23 |
| 653 | 660 | 4:59:53 | 4:57:41 | Joanna Ellershaw | F | FSEN | | 0:57:01 | 3:21:27 |
| 654 | 1506 | 5:00:00 | 4:55:20 | Matt Mandelbaum | M | MSEN | | 1:03:17 | 3:28:19 |
| 655 | 979 | 5:00:12 | 4:56:42 | Karen Miller | F | FSEN | PSUK-KENT | 0:59:18 | 3:20:04 |
| 656 | 668 | 5:00:52 | 4:57:09 | Zoe Pierce | F | FSEN | MASSEY FURGUSON RC | 1:06:32 | 3:33:28 |
| 657 | 133 | 5:01:22 | 4:57:46 | Mark Pratt | M | MV40 | | 0:58:31 | 3:16:22 |
| 658 | 607 | 5:01:45 | 5:00:31 | Kathleen Oliver | F | FV50 | | 0:58:31 | 3:29:16 |
| 659 | 395 | 5:01:47 | 5:00:19 | Nicola Forrest | F | FSEN | | 1:00:37 | 3:27:41 |
| 660 | 276 | 5:02:16 | 4:58:45 | Kirsten Burghardt | F | FSEN | | 1:01:40 | 3:22:34 |
| 661 | 956 | 5:03:05 | 5:01:30 | Michael Jones | M | MV40 | PSUK-NORTHUMBRIA | 1:00:44 | 3:26:47 |
| 662 | 617 | 5:03:25 | 5:02:18 | Andrew Catahan | M | MV40 | | 0:46:36 | 3:03:22 |
| 663 | 281 | 5:04:09 | 5:02:45 | Robin Wilson | M | MV70 | COLLINGWOOD AC | 0:57:19 | 3:23:59 |
| 664 | 613 | 5:04:38 | 5:00:59 | Amanda Garton | F | FV40 | | 1:02:21 | 3:23:40 |
| 665 | 436 | 5:05:28 | 5:02:58 | Michaela Sanders | F | FV40 | FAIRLANDS VALLEY SPARTANS | 1:02:32 | 3:36:01 |
| 666 | 801 | 5:06:02 | 5:03:23 | James Brooke | M | MSEN | | 0:59:58 | 3:29:53 |
| 667 | 781 | 5:08:59 | 5:08:30 | Ian Collins | M | MV50 | | 0:50:22 | 3:20:51 |
| 668 | 689 | 5:11:37 | 5:07:53 | Tracy Morgan | F | FV40 | MASSEY FURGUSON RC | 1:06:32 | 3:35:00 |
| 669 | 110 | 5:11:47 | 5:08:08 | David Fleetwood | M | MV40 | | 1:08:46 | 3:38:09 |
| 670 | 457 | 5:12:17 | 5:10:55 | Keith Scrivener | M | MV60 | 100 MARATHON CLUB | 0:56:49 | 3:21:52 |
| 671 | 476 | 5:12:42 | 5:10:29 | Derek Burnham | M | MV40 | | 0:53:47 | 3:23:04 |
| 672 | 183 | 5:14:58 | 5:11:08 | Dale Woolman-Lane | M | MV40 | | 1:04:31 | 3:38:00 |
| 673 | 280 | 5:16:09 | 5:14:46 | Thomas Wilkie | M | MV50 | COLLINGWOOD AC | 0:58:43 | 3:25:29 |
| 674 | 798 | 5:16:34 | 5:12:17 | Jason Brown | M | MV40 | | 0:58:50 | 3:24:14 |
| 675 | 802 | 5:17:40 | 5:13:58 | Trevor Hope | M | MV40 | HERMITAGE HARRIERS | 1:08:17 | 3:31:46 |
| 676 | 64 | 5:17:50 | 5:13:41 | Frank Haselbach | M | MV40 | TURBINE BLADE RUNNERS | 1:00:05 | 3:20:35 |
| 677 | 837 | 5:19:05 | 5:15:30 | Paul Richards | M | MV50 | | 1:02:53 | 3:38:03 |
| 678 | 627 | 5:19:53 | 5:17:25 | Roma Dhameja | F | FSEN | | 1:01:27 | 3:37:50 |
| 679 | 179 | 5:20:41 | 5:16:53 | John Hullett | M | MV60 | | 1:00:43 | 3:29:06 |

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|-----|------|---------|---------|------------------|---|------|----------------------------|---------|---------|
| 680 | 703 | 5:21:11 | 5:18:50 | Collette O Hagan | F | FV60 | NORTH EAST RUNNERS IRELAND | 1:02:05 | 3:37:42 |
| 681 | 388 | 5:21:38 | 5:19:36 | Robert Jenner | M | MSEN | | 0:54:10 | 3:26:08 |
| 682 | 12 | 5:24:44 | 5:20:58 | John Hannawin | M | MV40 | | 1:03:37 | 3:31:13 |
| 683 | 157 | 5:26:43 | 5:22:42 | Robert Cooper | M | MSEN | | 1:10:42 | 3:43:39 |
| 684 | 927 | 5:28:26 | 5:26:00 | Peter Hern | M | MV60 | PSUK-HERTFORDSHIRE | 0:59:36 | 3:35:29 |
| 685 | 813 | 5:29:27 | 5:25:23 | Max Bridgewater | M | MV40 | | 1:09:35 | 3:49:29 |
| 686 | 772 | 5:29:45 | 5:25:15 | Anne Eldridge | F | FSEN | STRIDERS OF CROYDON | 1:08:42 | 3:46:12 |
| 687 | 814 | 5:30:58 | 5:30:09 | Karl Turner | M | MSEN | | 0:50:39 | 3:09:53 |
| 688 | 72 | 5:31:59 | 5:27:54 | Peter Waugh | M | MV40 | FETCH EVERYONE | 1:08:46 | 3:42:00 |
| 689 | 132 | 5:33:29 | 5:31:20 | Ivor Davies | M | MV60 | 100 MARATHON CLUB | 1:00:56 | 3:47:55 |
| 690 | 649 | 5:39:31 | 5:35:11 | Rebecca Ledger | F | FSEN | | 1:05:08 | 3:46:15 |
| 691 | 86 | 5:39:32 | 5:35:11 | Ashley Nicholson | M | MSEN | | 1:05:07 | 3:46:16 |
| 692 | 763 | 5:51:12 | 5:48:13 | Wayne Self | M | MSEN | | 1:01:44 | 3:38:09 |
| 693 | 180 | 5:53:40 | 5:49:02 | Kez Dunkley | M | MV40 | | 1:07:08 | 3:53:55 |
| 694 | 185 | 5:53:40 | 5:49:03 | Matt Edkins | M | MSEN | | 1:07:07 | 3:53:50 |
| 695 | 186 | 5:53:41 | 5:49:02 | Tim Siggs | M | MSEN | | 1:07:08 | 3:53:55 |
| 696 | 1512 | 5:54:14 | 5:50:40 | Jenny Sherrard | F | FSEN | | 1:12:21 | 4:04:14 |
| 697 | 300 | 5:55:22 | 5:50:50 | Aanand Chauhan | M | MSEN | | 1:09:10 | 3:48:20 |
| 698 | 918 | 5:55:22 | 5:52:09 | Craig Ellis | M | MSEN | PSUK-GWENT | 0:54:24 | 3:45:00 |
| 699 | 486 | 5:59:15 | 5:55:32 | Clare Bradley | F | FV40 | MASSEY FURGUSON RC | 1:06:34 | 4:10:27 |
| 700 | 181 | 6:01:14 | 5:54:15 | Sharon Ward | F | FSEN | | 1:17:04 | 4:11:26 |
| 701 | 698 | 6:16:04 | 6:16:04 | Nina Bhakri | F | FSEN | | 0 | 0 |
| 702 | 1549 | 6:16:54 | 6:13:55 | Annie O'Brien | F | FSEN | | 1:08:49 | 4:17:11 |